

## FCC PROGRAM AND ISSUES REPORT

Fourth QUARTER 2010  
Oct. 1<sup>st</sup> 2010 – December 31<sup>st</sup> , 2010

Reviewed By: Dennis J. Long  
Date: MON 10 JAN 2011

OCTOBER 2010

OCTOBER 1, 2010

LENGTH-01:00      ISSUE-HEALTH      5      SHOW TIME-SUNRISE

YOUR CLOTHES AREN'T THE ONLY THING .... THAT SHOULD FIT YOUR BODY. IF YOUR CARDIO WORKOUT INVOLVES A BIKE OR A SPIN CLASS.... YOU SHOULD MAKE SURE THE BIKE FITS. TRAINERS SAY IF YOUR BIKE DOESN'T FIT, YOU MIGHT NOT REAP ALL OF THE BENEFITS OF THE WORKOUT .... AND YOU'RE ALSO INVITING INJURY."SO, STARTING OFF WITH A BIKE THAT DOESN'T FIT, WHICH JUST AGGRAVATES INJURY, YOUR COMPROMISING YOUR TRAINING, THEY'RE NOT SEPARATE FROM ONE ANOTHER. A BIKE FIT IS USUALLY DONE IN THREE STEPS: A LOOK AT THE BODY, A LOOK AT THE BIKE, AND A LOOK AT THE BODY ON THE BIKE. A BIKE FIT SPECIALIST WILL CHECK TO MAKE SURE YOUR FEET AND LEGS ARE SYMMETRICAL, MAKE SURE YOUR SEAT AND PEDALS ARE IN THE PROPER POSITION, THEN CHECK THE HEIGHT OF YOUR SEAT AND HANDLE BARS ... WITH YOU ON THE BIKE ... TO MAKE SURE YOU ARE NOT PUTTING ANY UNNECESSARY STRAIN ON YOUR BODY. ONCE YOU LEARN YOUR POSITION ON A BIKE.... IT IS TRANSFERABLE TO JUST ABOUT ANY BIKE YOU RIDE.... STATIONARY OR OTHERWISE.

LENGTH-00:35      ISSUE-CRIME      1      SHOW TIME-SUNRISE

UNDERCOVER DEPUTIES ARREST THREE BRADENTON WOMEN -- AFTER A PROSTITUTION BUST ON TWO LINGERIE SHOPS. 22-YEAR OLD MEGAN MILLER IS LISTED AS A MODEL AT VIP RELAXATION AND SPA ... ON 1ST STREET EAST IN BRADENTON. AN UNDERCOVER DEPUTY WENT INTO THE BUSINESS TUESDAY NIGHT ....AND SAYS MILLER AGREED TO HAVE SEX WITH HIM FOR \$100 . AN HOUR BEFORE MILLER'S ARREST, TWO OTHER WOMEN WERE BUSTED ON SIMILAR CHARGES AT CUPID'S LINGERIE SHOP ON CORTEZ ROAD WEST 26-YEAR OLD CAROLINE DAMSTRA AND 29-YEAR OLD ERICA HAGER ... ARE ALSO LISTED AS MODELS ON THEIR ARREST REPORT.

LENGTH-00:36      ISSUE-DRUGS      11      SHOW TIME-SUNRISE

A CHARLOTTE COUNTY MAN .... LEADS DETECTIVES ON A CHASE....AFTER HE'S BUSTED FOR SELLING MARIJUANA. DEPUTIES BUSTED LESILES WYNTER DURING AN UNDERCOVER DRUG

BUY .... AT THE HOLIDAY INN EXPRESS IN PORT CHARLOTTE. INVESTIGATORS SAY WYNTER SOLD AN UNDERCOVER OFFICER 28 GRAMS OF MARIJUANA .... FOR 130 DOLLARS. BUT WHEN DEPUTIES TRIED TO ARREST HIM, WYNTERS SPED OFF.... THROUGH THE HOTEL PARKING LOT. HE LATER CRASHED INTO A PARKED CAR ... AND TOOK OFF ON FOOT .... BEFORE DEPUTIES CAUGHT UP TO HIM. WYNTERS IS BEING HELD WITHOUT BOND .... AT THE CHARLOTTE COUNTY JAIL.

LENGTH-00:34    ISSUE-HEALTH 5    SHOW TIME-12:00

WALGREENS IS LAUNCHING A PROGRAM ... TO HELP GET PRESCRIPTION DRUGS OFF THE STREETS .... AND OUT OF LANDFILLS. STARTING TODAY, WALGREENS SHOPPERS CAN PURCHASE A SPECIAL ENVELOPE ... TO MAIL BACK THEIR UNUSED PRESCRIPTIONS. THE MEDICATIONS WILL BE SENT TO A PROCESSING FACILITY ... WHERE THEY WILL BE DESTROYED ... IN A MEDICAL INCINERATOR. CONTROLLED SUBSTANCES SUCH AS MORPHINE WILL BE EXCLUDED FROM THE PROGRAM ...BECAUSE FEDERAL LAW PROHIBITS THEM FROM BEING MAILED. THE ENVELOPES WILL SELL FOR 2-DOLLARS-AND-99-CENTS.

LENGTH-00:26    ISSUE-CRIME 1    SHOW TIME-5:00

THE LAW WAS SPURRED, IN PART, BY THE BEATING DEATH OF A BRADENTON MAN NAMED DANIEL CASE. THE 59-YEAR OLD VIETNAM VETERAN WAS FOUND DEAD BEHIND A BUILDING ALONG 12TH AVENUE WEST LAST FEBRUARY. POLICE SAY TWO MEMBERS OF A STREET GANG, ONE WITH A BASEBALL BAT, THE OTHER WITH A GOLF CLUB, ATTACKED CASE WHILE HE WAS SLEEPING. ADVOCATES FOR THE HOMELESS LOVE THE NEW LAW.IT IS A HATE CRIME. IT REALLY IS HATRED THAT MAKES SOMEBODY DO SOMETHING LIKE THAT. I'M GLAD TO SEE THAT, IN THAT RESPECT, THAT THEY HAVE A DETERRENT.

LENGTH-00:15    ISSUE-DRUGA 11    SHOW TIME-6:00

A MANATEE COUNTY MAN PULLED OVER FOR SPEEDING.. NOW FACES DRUG CHARGES THIS AFTER SHERIFF'S DEPUTIES SAY HE WAS HIDING DRUGS IN HIS BUTTOCKS..DEPUTIES 25-YEAR OLD RAYMOND ROBERTS ADMITTED THE MARIJUANA FOUND THERE WAS HIS.. BUT THE 27 PIECES OF ROCK COCAINE.. WERE NOT..

LENGTH-00:34    ISSUE-CRIME 1    SHOW TIME-11:00

MANATEE COUNTY DEPUTIES ARE LOOKING FOR TWO PEOPLE WHO ROBBED AN ELLENTON CONVENIENCE STORE AT GUNPOINT. THE ROBBERY TOOK PLACE AROUND 2 THIS AFTERNOON AT THE STOP AND SHOP ON US 301 NORTH. INVESTIGATORS SAY THE TWO SUSPECTS WALKED INTO THE STORE, BOTH ARMED WITH GUNS. ONE OF THE SUSPECTS FORCED THE CASHIER TO GET ON THE GROUND WHILE THE OTHER STOLE MONEY FROM THE REGISTER. THE SUSPECTS THEN FLED IN A WHITE CAR -- POSSIBLE A FORD EXPEDITION.

OCTOBER 2, 2010

LENGTH-00:30      ISSUE-CRIME   1      SHOW TIME-EARLY

DETECTIVES ARE COMING DOWN HARD ON A LOCAL STREET GANG. INVESTIGATORS SAY 8 GANG MEMBERS FROM THE SECOND LINE STREET GANG HAVE EITHER BEEN INDICTED OR FACE ORGANIZED CRIME CHARGES. THEY SAY THE GANG HAS BEEN CAUSING PROBLEMS IN THE NEWTOWN COMMUNITY AND IN NEIGHBORHOODS ON SARASOTA'S NORTHSIDE. A FEW MONTHS AGO, SARASOTA OFFICERS BEGAN CHARGING GANG MEMBERS USING FLORIDA'S RACKETEERING LAWS, ALSO KNOWN AS R-I-C-O. THE RICO PUNISHMENT CARRIES STIFF PENALTIES FOR CRIMINALS WHO COMMIT CRIMES TO FURTHER A GANG. RICO CHARGES FREQUENTLY HAVE LONG PRISON SENTENCES AND THAT PROVIDES AN INCENTIVE FOR SOME OF THESE GANG MEMBERS TO PROVIDE ADDITIONAL INFO ABOUT THEIR GANGS IDENTIFY OTHER CRIMINAL BEHAVIOR AND REALLY SUPPRESS THE GANG ACTIVITY THAT'S BEEN HURTING OUR WHOLE COMMUNITY."POLICE SAY THESE GANG MEMBERS ARE LINKED TO SELLING DRUGS, CRIMES AGAINST POLICE, BURGLARIES, ROBBERIES, ASSAULTS, AND AT LEAST FOUR MURDERS IN THE PAST TWO YEARS.

LENGTH-00:27    ISSUE-CRIME   1      SHOW TIME-EARLY

POLICE IN RIVIERA BEACH SAY THEY WERE CALLED TO THE HOME OF A SOUTH FLORIDA FAMILY 34 TIMES IN THE LAST FOUR YEARS BEFORE THE HUSBAND FATALLY SHOT HIS WIFE, STEPCHILDREN, AND HIMSELF THIS WEEK. PATRICK DELL AND HIS WIFE, NATASHA WHYTE-DELL, WERE GOING THROUGH A BITTER DIVORCE THAT POLICE SAY ENDED IN A JEALOUS RAMPAGE MONDAY. POLICE HAD BEEN TO THE HOUSE DOZENS OF TIMES BEFORE THE KILLINGS BUT HAD NEVER ARRESTED ANYONE. POLICE SAY NOTHING IN THE REPORTS INDICATED AN ARREST SHOULD HAVE BEEN MADE.

LENGTH-00:40    ISSUE-CRIME   1      SHOW TIME-LATE

OCALA AUTHORITIES ARE TRYING TO FIND WHOEVER BLEW UP A MAILBOX WITH A HOMEMADE BOMB. POLICE SAY YESTERDAY'S INCIDENT WAS THE SECOND MAILBOX EXPLOSION IN A WEEK. THEY DON'T KNOW IF THEY'RE CONNECTED BUT THEY'RE NOT BEING TREATED AS TEENAGE PRANKS. THEY SAY SOMEONE STARTED WITH AN EMPTY TWO LITER BOTTLE OF COKE, AND SIMPLY ADDED A COUPLE OF ITEMS YOU CAN FIND LAYING AROUND MANY HOMES. IN THIS DAY AND TIME YOU KNOW WE'VE GOT THE TERRORISM ACT AND THINGS LIKE THAT AND THOSE THINGS ARE GOING TO UP THE SCALE BASICALLY ON YOUR EXPLOSIVE DEVICES." NOBODY'S HURT .. BUT AGAIN, Ocala POLICE ARE STILL INVESTIGATING ... ASIDE FROM THE BOMB ...DESTROYING PROPERTY AND DISRUPTING THE GOVERNMENT MAIL BRINGS SECOND DEGREE FELONY CHARGES ALONE.

OCTOBER 3, 2010

LENGTH-00:59    ISSUE-CRIME    1    SHOW TIME-EARLY

POLICE IN MIAMI HAVE ARRESTED A MAN THEY SAY TOOK PART IN A FATAL ROBBERY OF AN ARMORED TRUCK LAST FRIDAY IN MIAMI. A BRINKS SECURITY GUARD NAMED ALEJANDRO NODARSE ARENCIBIA WAS SHOT AND KILLED WHEN TWO MEN APPROACHED HIM AS HE MOVED CASH TO ONE OF HIS TRUCKS. POLICE ARRESTED 31-YEAR-OLD NATHANIEL MOSS NEAR THE BANK OF AMERICA BRANCH WHERE THE KILLING HAPPENED. MOSS FACES CHARGES OF CONSPIRACY TO COMMIT ROBBERY AND OTHER COUNTS. TODAY, FBI OFFICIALS SAID INVESTIGATORS BELIEVE THREE OTHER PEOPLE -- ARMED AND DANGEROUS -- ARE STILL LOOSE. "BECAUSE OF SOME MISTAKES...WONT DESCRIBE THE EVIDENCE." AGENTS SAY THEY HAVE SO FAR RECOVERED TWO VEHICLES USED IN THE ROBBERY ..AS WELL AS ALL OF THE MONEY TAKEN.

OCTOBER 4, 2010

LENGTH-00:51    ISSUE-HEALTH    5    SHOW TIME-SUNRISE

WHEN IT COMES TO HEALTHY FOODS, WE'RE NOT GETTING ENOUGH OF A GOOD THING. A CENTERS FOR DISEASE CONTROL SURVEY .... FINDS AMERICANS ARE NOT EATING ENOUGH FRUITS AND VEGETABLES. CDC RESEARCHER SAY ... SINCE 2000 THE AMOUNT OF VEGETABLES WE EAT HAS GONE DOWN...ONLY ABOUT A THIRD OF ADULTS ARE EATING THE RECOMMENDED SERVINGS OF FRUIT. REGISTERED DIETICIAN JULIA ZUMPAÑO BLAMES THE CONVENIENCE .... AND LONG SHELF-LIFE ...OF PROCESSED FOODS. "UNFORTUNATELY THOSE THINGS ARE SO QUICK AND EASY WHEN YOU'RE ON THE GO. IT'S SO EASY TO GRAB A BAG OF CHIPS OR HAVE SOME CRACKERS OR SNACK ON A CARB-BASED FOOD, A GRANOLA BAR AS OPPOSED TO GRABBING A FRUIT OF VEGETABLE." THE CDC WOULD LIKE TO SEE 75 PERCENT

OF US .... EATING TWO OR MORE SERVINGS OF FRUIT A DAY. 50 PERCENT EATING THREE OR MORE SERVINGS OF VEGETABLES.

LENGTH-00:45      ISSUE-HEALTH    5      SHOW TIME-12:00

GO AHEAD...SCRAMBLE THEM, POACH THEM, BOIL THEM...EGGS ARE NOT AS BAD AS THEY'RE CRACKED UP TO BE. IN FACT, ACCORDING TO HARVARD RESEARCHERS, EGGS ARE A GREAT SOURCE OF NUTRIENTS. JUST ONE CONTAINS SIX GRAMS OF PROTEIN AND GOOD UNSATURATED FATS. EGGS ALSO CONTAIN CHOLINE, WHICH PLAYS A ROLE IN BRAIN DEVELOPMENT, AS WELL AS LUTEIN AND ZEAXANTHIN, ANTIOXIDANTS WHICH MAY HELP PROTECT AGAINST VISION LOSS.IT'S THE YOLKS THAT CONTAIN A LOT OF CHOLESTEROL. ONE LARGE YOLK HAS ABOUT 212 MG OF CHOLESTEROL. SO IF YOU HAVE HIGH CHOLESTEROL OR HEART DISEASE, OR IF YOUR DOCTOR HAS ADVISED YOU TO WATCH YOUR CHOLESTEROL-KEEP YOUR EGG CONSUMPTION TO ONE TO THREE YOLKS A WEEK. FOR MANY PEOPLE, ONLY A SMALL AMOUNT OF CHOLESTEROL IN FOOD AFFECTS BLOOD LEVELS. SATURATED AND TRANS FAT PLAY A MUCH BIGGER ROLE IN ELEVATING BLOOD CHOLESTEROL. IF YOU'RE HEALTHY AND LIKE EGGS, DON'T DEPRIVE YOURSELF. LIMIT YOURSELF TO ONE A DAY AND CUT BACK ON OTHER SOURCES OF SATURATED AND TRANS FATS.

LENGTH-00:56      ISSUE-CRIME    1      SHOW TIME-5:00

FBI AGENTS SAY THEY'VE FOUND A MAN LINKED TO LAST WEEK'S DEADLY SHOOTING OF A SECURITY GUARD DURING A SOUTH FLORIDA ARMORED CAR ROBBERY. AGENTS SAY THEY'VE MADE CONTACT WITH 37-YEAR-OLD TERRANCE BROWN. BUT HE HAS NOT BEEN ARRESTED.. ANOTHER MAN WAS ARRESTED NEAR THE BANK OF AMERICA BRANCH IN MIRAMAR WHERE HE KILLING HAPPENED FRIDAY. THE FBI SAYS IT HAS RECOVERED ALL OF THE STOLEN CASH BUT WON'T SAY HOW MUCH MONEY WAS TAKEN.. AGENTS SAY THE THREE MEN THEY'RE LOOKING FOR ARE ARMED AND EXTREMELY DANGEROUS. A 100-THOUSAND DOLLAR REWARD IS BEING OFFERED FOR INFORMATION LEADING TO THEIR ARRESTS .

LENGTH-01:06      ISSUE-CRIME    1      SHOW TIME-5:00

THEY WERE ON THEIR JETSKIS...EXPLORING THE MEXICAN SIDE OF FALCON LAKE... WHEN TIFFANY AND DAVID HARTLEY CAME UNDER ATTACK. HELLO?" DISPATCHER: "MA'AM? OKAY, ARE YOU SURE THAT YOUR HUSBAND GOT SHOT?" TIFFANY HARTLEY: "YES, IN HIS HEAD." TIFFANY TOLD A 9-1-1 DISPATCHER SHE AND HER HUSBAND WERE AMBUSHED BY THREE BOATS. DAVID WAS SHOT IN THE HEAD. HE WAS THROWN OFF THE JET SKI AND I

COULDN'T PICK HIM UP TO GET HIM ON MINE." SHE WENT INTO THE WATER TRYING TO LOAD UP HER HUSBAND ON HER JET SKI, THE ONE PICTURED HERE AND TRIED TO GET HIS BODY ON HER JET SKI TO GET BACK TO THE U.S.SIDE BUT SHE WAS BEING SHOT AT SO SHE FINALLY HAD TO CLIMB BACK ON HER JET SKI AND HEAD BACK OVER TO THE UNITED STATES." HOME TO MAJOR BASS FISHING TOURNAMENTS... THE 60 MILE LONG RESERVOIR.. HAS BECOME A BORDER BATTLEFIELD. PIRATES PATROL THE MEXICAN SIDE...IN SEVERAL INSTANCES.. THEY'VE SURROUNDED AND BOARDED AMERICAN FISHING BOATS DEMANDING MONEY AT GUNPOINT. AMERICAN AUTHORITIES SUSPECT THE PIRATES ARE WORKING WITH DRUG CARTELS. GOVERNOR RICK PERRY IS REQUESTING A THOUSAND NATIONAL GUARDSMEN AND PREDATOR DRONES BE CALLED UP TO THE BORDER. FOR THE HARTLEYS..SUCH PROTECTION COMES TOO LATE. THE COUPLE...WHO MET IN HIGH SCHOOL...WERE A WEEK AWAY FROM MOVING BACK TO THEIR HOME STATE OF COLORADO. DAVID'S BODY HAS YET TO BE RECOVERED.

LENGTH-00:23      ISSUE-CRIME 1    SHOW TIME-6:00

CHARLOTTE COUNTY SHERIFF'S DEPUTIES SOLVE A STRING OF RECENT THEFTS.. AFTER FINDING HIS VEHICLE.. INVESTIGATORS SAY JASON LAMB IS RESPONSIBLE FOR AT LEAST THREE DIFFERENT CRIMES -- INCLUDING AN ALUMINUM WIRE THEFT IN JULY AND A HOME BURGLARY LAST MONTH.. IN EACH INCIDENT, WITNESSES REPORTED SEEING THE SAME PICK UP LEAVE THE SCENE -- A SILVER DODGE RAM, WITH CHROME WHEELS. DEPUTIES TRACKED DOWN THE VEHICLE, AND ARRESTED LAMB.

LENGTH-00:23      ISSUE-CRIME 1    SHOW TIME-11:00

GAINESVILLE POLICE ARE INVESTIGATING WHAT APPEARS TO BE A RANDOM SHOOTING SPREE TONIGHT...INVESTIGATORS SAY THE GUNMAN DROVE AROUND,SHOOTING PEOPLE THIS EVENING -- KILLING ONE PERSON AND INJURING FIVE OTHERS. POLICE THEN SAY HE SHOT HIMSELF IN HIS RED PICKUP TRUCK. INVESTIGATORS ARE NOT RELEASING THE NAME OF THE GUNMAN OR HIS VICTIMS...THEY'RE ALSO NOT SURE OF A MOTIVE. POLICE SAY THE VICTIMS WERE TAKEN TO SHANDS HOSPITAL.

OCTOBER 5, 2010

LENGTH-00:54      ISSUE-CRIME 1    SHOW TIME-SUNRISE

POLICE HAVE ARRESTED A MAN .... THEY SAY SHOT AND KILLED HIS 9-YEAR-OLD STEP-DAUGHTER. 41-YEAR-OLD JODY GORDON .... TURNED HIMSELF OVER TO TAMPA POLICE

YESTERDAY AFTERNOON. INVESTIGATORS SAY IT ALL STARTED SUNDAY .... AFTER GORDON AND THE CHILD'S MOTHER HAD A FIGHT. WHEN THE WOMAN GOT INTO HER VAN WITH THEIR KIDS TO LEAVE.... SOMEONE SHOT INTO IT. A STRAY BULLET HIT THE GIRL IN THE HEAD. HER MOM WAS SO FRANTIC .... SHE CONTINUED TO DRIVE TO GET AWAY .... STOPPING AT A PUBLIX SUPERMARKET."YOU COULD ACTUALLY SEE A LITTLE GIRL IN THE CENTER OF THE MINIVAN SLUMPED OVER IN THE SEAT, BLEEDING REALLY BAD FROM THE BACK OF HER HEAD. AND YOU COULD SEE SHATTERED GLASS WHERE THE BULLET PUNCTURED THROUGH AND HIT HER." THE GIRL WAS TAKEN TO A HOSPITAL, WHERE SHE DIED. THE KIDS INSIDE THE CAR .... TELLING WITNESSES THAT THEIR STEPDAD GORDON .... WAS THE SHOOTER.

LENGTH-00:54      ISSUE-CRIME   1   SHOW TIME-SUNRISE

A VETERAN FEDERAL JUDGE ... FACING DRUG AND FIREARMS CHARGES. THIS, AFTER AN EXOTIC DANCER TOLD AUTHORITIES .... HE USED COCAINE, MARIJUANA AND OTHER ILLEGAL DRUGS WITH HER. PROSECUTORS SAY SENIOR U.S. DISTRICT JUDGE JACK CAMP .... WAS ARRESTED FRIDAY .... AFTER HANDING AN UNDERCOVER AGENT \$160 FOR COCAINE AND OXYCODONE .... A NARCOTIC PAIN MEDICATION. AUTHORITIES SAID THEY ALSO FOUND TWO FIREARMS .... IN THE FRONT SEAT OF HIS VEHICLE. AN ATTORNEY FOR THE 67-YEAR-OLD CAMP SAYS .... HE INTENDS TO PLEAD NOT GUILTY. HE'LL PROBABLY TAKE A LEAVE OF ABSENCE. ITS ALWAYS A STANDARD PRACTICE TO ENTER A PLEA OF NOT GUILTY IN ANY FIRST APPEARANCE AND I ASSUME THAT WELL DO THAT IN THIS CASE OFFICIALS SAID CAMP MET THE DANCER .... WHO WAS A FEDERAL INFORMANT....AT THE "GOLDRUSH SHOWBAR" IN ATLANTA ... BEGAN PAYING HER FOR SEX AND BUYING COCAINE FROM HER.

LENGTH-00:39      ISSUE-HEALTH   5   SHOW TIME-12:00

STUDIES SHOW WHEN MONEY GETS TIGHT, SO DO OUR JEANS. UNFORTUNATELY, FINANCIAL STRESS CAN CAUSE WEIGHT GAIN. 4 IF YOU'RE FINDING IT HARD TO MAKES ENDS MEET, DON'T LET YOUR WAISTLINE SUFFER. THERE ARE WAYS TO BUDGET AND EAT SMARTER AT THE SAME TIME: DINE IN. A RECENT SURVEY SHOWS 71 PERCENT OF SHOPPERS REPORTED COOKING AT HOME MORE AND EATING OUT LESS. AND 58 PERCENT SAID THEY ARE EATING MORE LEFTOVERS. 1 FOLLOW PROPER PORTIONS, ESPECIALLY WITH MEAT. A MEAT PORTION IS THE SIZE OF A DECK OF CARDS. 3 GO MEATLESS. TRY MODIFYING RECIPES BY SUBSTITUTING MEAT WITH BEANS TO SAVE MONEY AND STILL GET ADEQUATE PROTEIN. 3 THINK SEASONAL. THAT'S WHEN FRESH FRUITS AND VEGETABLES ARE MOST AFFORDABLE. OTHERWISE, TRY FROZEN OR CANNED PRODUCE. IT'LL LAST LONGER AND IS EQUALLY NUTRITIOUS. 5,3 BE CHOOSY WHEN YOU STRETCH THAT FOOD DOLLAR...YOUR SCALE WILL THANK YOU

LENGTH-00:16      ISSUE-HEALTH   5   SHOW TIME-5:00



PEOPLE WHO WORK WITH COMPUTERS ON THEIR LAPS FOR LONG PERIODS NOW HAVE THEIR OWN SYNDROME. A MEDICAL REPORT CALLS IT "TOASTED SKIN SYNDROME," A SKIN DISCOLORATION THAT HAPPENS BECAUSE THE BOTTOM OF THE LAPTOP GETS QUITE WARM. THE CONDITION IS GENERALLY HARMLESS BUT CAN CAUSE PERMANENT SKIN DARKENING. IN VERY RARE CASES, IT CAN CAUSE DAMAGE LEADING TO SKIN CANCERS.

LENGTH-00:35      ISSUE-CRIME 1      SHOW TIME-5:00

MANATEE COUNTY SHERIFF'S DEPUTIES ARE LOOKING FOR THE SUSPECT IN A BIZARRE ROBBERY...TAKE A LOOK AT THESE SURVEILLANCE PHOTOS...DEPUTIES SAY A CUSTOMER ENTERED THE SHELL GAS STATION ON 14TH STREET WEST IN BRADENTON-- WHEN THE SUSPECT BEGAN TO GRAB AND HIT THE CLERK. THE CLERK BEGAN TO SCREAM FOR THE CUSTOMER TO CALL 9-1-1. THE WITNESS RAN OUT OF THE STORE, BUT REALIZED HE DIDN'T HAVE A PHONE. HE WENT BACK INSIDE AND CONFRONTED THE SUSPECT-- WHO FINALLY RAN OFF...EVEN THOUGH HE WAS EMPTY HANDED. THE SUSPECT IS DESCRIBED AS 5-10, 200-POUNDS..

LENGTH-00:22      ISSUE-CRIME 1      SHOW TIME-5:00

A 16-YEAR-OLD BOY HAS CONFESSED TO KILLING A MISSING POLK COUNTY TEEN. MARCO MARTINEZ HAS BEEN MISSING SINCE APRIL. TODAY, SHERIFF'S INVESTIGATORS ANNOUNCED A FELLOW TEEN IS SUSPECTED OF SHOOTING, STABBING AND BURYING MARTINEZ'S BODY IN THE WOODS IN LAKE LAND. DETECTIVES FOUND HIS REMAINS LAST WEEK. INVESTIGATORS SAY THE BOYS WERE FRIENDS..PROSECUTORS ARE PLANNING TO CHARGE TO THE SUSPECT.

LENGTH-00:39      ISSUE-CRIME 1      SHOW TIME-11:00

A PEDESTRIAN IS KILLED TRYING TO CROSS A MAJOR ROAD IN MANATEE COUNTY. NOW AUTHORITIES ARE LOOKING FOR A HIT AND RUN DRIVER...IT HAPPENED JUST AFTER 9 P.M. NEAR THE INTERSECTION OF U-S 41 AND 69TH AVENUE WEST IN BRADENTON. THE ACCIDENT SHUT DOWN SOUTH BOUND LANES AS INVESTIGATORS WORKED THE SCENE. FLORIDA HIGHWAY PATROL SAYS IT SEEMS THE PEDESTRIAN WAS TRYING TO CROSS THE STREET WHEN A CAR HEADING SOUTHBOUND ON 41 HIT THE PERSON AND KEPT GOING. NOW AUTHORITIES ARE SEARCHING FOR THE DRIVER. TROOPERS SAY THEY'RE LOOKING FOR A POSSIBLE WHITE CAR WITH FRONT END DAMAGE... AT LAST CHECK, TROOPERS HAD REOPENED ONE SOUTHBOUND LANE ON U-S 41.

OCTOBER 6, 2010

JUST WALK DOWN THE AISLE OF YOUR GROCERY STORE. CHECK OUT THE INGREDIENTS ON LABELS. AND YOU'LL SEE THE SAME THING OVER AND OVER. HIGH FRUCTOSE CORN SYRUP IS THE FIRST INGREDIENT. IT'S IN PANCAKE SYRUP, COOKIES, KETCHUP, JELLY, EVEN CEREAL AND SOUP. TOMATO SOUP, HIGH FRUCTOSE CORN SYRUP AS THE THIRD INGREDIENT, AFTER TOMATO AND WATER. YUP. SO, THERE YOU GO. PEOPLE THINK, OH A TOMATO, IT'S A VEGETABLE. I'M GIVING MY CHILD A VEGETABLE SERVING. EACH YEAR, AMERICANS CONSUME, ON AVERAGE, ALMOST 38 POUNDS OF HIGH FRUCTOSE CORN SYRUP. BUT NOT JESSICA HANEY. THIS MOTHER OF TWO AND THE VOICE BEHIND A BLOG CALLED CRUNCHY-CHEWY-MAMA HAS CUT THE CORN-BASED SWEETENER OUT OF HER FAMILY'S DIET. IT'S NOT JUST SQUEEZING OUT THE CORN AND GETTING THE SUGAR OR SOMETHING. IT'S NOT THAT YOU'RE EATING CORN. IT'S NOT LIKE YOU'RE EATING A VEGETABLE. IT'S A HIGHLY INDUSTRIALIZED PRODUCT THAT HAS BEEN SHOWN TO DO LOTS OF YUCKY THINGS IN YOUR BODY. AND WE JUST DON'T NEED IT. MANY AMERICANS ARE CONVINCED HIGH FRUCTOSE CORN SYRUP IS ONE OF THE CULPRITS OF THE COUNTRY'S OBESITY EPIDEMIC. IN A RECENT STUDY, 57% OF THOSE POLLED SAID IT WAS A TOP FOOD SAFETY ISSUE, RIGHT UP THERE WITH ARTIFICIAL GROWTH HORMONES IN MILK AND MAD COW DISEASE. THAT CONCERN IS REFLECTED IN THE DEMAND FOR FOOD THAT'S FREE OF HIGH FRUCTOSE CORN SYRUP. JUST CHECK OUT PEPSI'S NEWEST OFFERING, SIERRA MIST MADE WITH REAL SUGAR. THE SODA NATURE WOULD DRINK IF NATURE DRANK SODA. FOR ALL OF THE BAD BUZZ AROUND HIGH FRUCTOSE CORN SYRUP, A NUMBER OF STUDIES SUGGEST THERE IS NO DIFFERENCE BETWEEN HOW THE BODY RESPONDS TO IT VERSUS PLAIN OLD SUGAR. IN 2008, THE AMERICAN MEDICAL ASSOCIATION SAID, "INSUFFICIENT EVIDENCE EXISTS TO SPECIFICALLY RESTRICT THE USE OF HIGH FRUCTOSE CORN SYRUP." BUT THE ISSUE ISN'T SETTLED. THE A-M-A ALSO ENCOURAGED FURTHER "INDEPENDENT RESEARCH ON THE HEALTH EFFECTS OF HIGH FRUCTOSE CORN SYRUP." WE'RE HERE AT PRINCETON UNIVERSITY BECAUSE THIS IS WHERE ONE OF THE MOST RECENT STUDIES AND A VERY CONTROVERSIAL ONE ON HIGH FRUCTOSE CORN SYRUP AND HOW IT'S DIFFERENT THAN SUGAR WAS RECENTLY CONDUCTED. IT'S A STUDY THAT INVOLVES RATS AND IT WAS RELEASED JUST THIS YEAR. OUR STUDIES WERE CONDUCTED IN A SIMULATED SOFT DRINK. IT WAS HIGH FRUCTOSE CORN SYRUP IN WATER. PROFESSOR BART HOEBEL AND HIS TEAM OF RESEARCHERS GAVE A SECOND GROUP OF RATS ACCESS TO REGULAR SUGAR DISSOLVED IN WATER. THE RATS DRINKING THE HIGH FRUCTOSE CORN SYRUP MIXTURE ACTUALLY CONSUMED FEWER CALORIES THAN THOSE DRINKING WATER SWEETENED WITH REAL SUGAR. AND EVEN SO... YOU FOUND THAT THE RATS CONSUMING THE HIGH FRUCTOSE CORN SYRUP GOT SIGNIFICANTLY FATTER. EXACTLY. AND THIS IS WHAT LED US TO BELIEVE THAT THOSE TWO ARE NOT THE SAME AFTER ALL. CRITICS OF HIGH FRUCTOSE CORN SYRUP POINT TO HOEBEL'S RESEARCH AS PROOF THAT THE BODY METABOLIZES HIGH FRUCTOSE CORN SYRUP DIFFERENTLY THAN SUGAR, WHILE SOME EXPERTS CRITICIZE THE VERACITY OF HIS FINDINGS. HOEBEL SAYS MORE RESEARCH NEEDS TO BE DONE. AS THE SCIENTIFIC VERDICT ON HIGH FRUCTOSE CORN SYRUP REMAINS INCONCLUSIVE, THE CORN REFINERS ASSOCIATION, WHICH REPRESENTS PRODUCERS OF THE SWEETENER KNOWS IT HAS A PUBLIC PERCEPTION ISSUE AND IS TRYING TO REBRAND IT AS "CORN SUGAR." WHETHER IT'S CORN SUGAR OR CANE SUGAR, YOUR BODY CAN'T TELL THE DIFFERENCE. SUGAR IS SUGAR. IN ADDITION TO THIS MULTI-MILLION DOLLAR AD CAMPAIGN, THE CORN REFINERS' ASSOCIATION HAS PETITIONED THE F-D-A TO USE CORN SUGAR ON INGREDIENT LABELS. HIGH FRUCTOSE CORN SYRUP IS SIMPLY A SUGAR MADE FROM CORN. IT IS AN ADDED SUGAR IN THE DIET, AND THIS EFFORT TO PROVIDE CLARITY TO CONSUMERS WILL HELP THEM RECOGNIZE ADDED SUGARS IN THE DIET. BUT MANY SKEPTICAL CONSUMERS LIKE JESSICA

HANEY SAY HIGH FRUCTOSE CORN SYRUP BY ANOTHER NAME IS STILL SOMETHING SHE WON'T BE FEEDING HER FAMILY. YOU THINK TO CHANGE THE NAME IS VERY MISLEADING? OH YEAH. I DO. WE DO MOLASSES AND HONEY AND MAPLE SYRUP, THINGS THAT ALL HAVE MINERALS EMBEDDED WITHIN THEM, AND THAT COME WITH FIBER, WHEREAS THE HIGH FRUCTOSE CORN SYRUP DOESN'T. BUT IT WOULD TAKE A LOT OF JESSICA HANEYS TO EAT AWAY AT THAT STARTLING STATISTIC: 38 POUNDS OF HIGH FRUCTOSE CORN SYRUP PER AMERICAN PER YEAR.

LENGTH-01:04      ISSUE-HEALTH    5      SHOW TIME-12:00

WHEN IT COMES TO FOOD, ORGANIC MEANS IT WAS PRODUCED WITHOUT THE USE CHEMICALLY FORMULATED FERTILIZERS, GROWTH STIMULANTS, ANTIBIOTICS OR PESTICIDES. BEFORE A MANUFACTURER CAN USE "ORGANIC" ON THEIR PACKAGING, IT MUST BE CERTIFIED BY A STATE OR PRIVATE ENTITY THAT HAS BEEN ACCREDITED BY THE USDA. HERE'S THE BREAKDOWN:100 PERCENT ORGANIC: THIS MEANS THE FOOD MUST CONTAIN ONLY ORGANICALLY PRODUCED INGREDIENTS. "ORGANIC" PRODUCTS MUST CONSIST OF AT LEAST 95 PERCENT OF THE INGREDIENTS MUST BE ORGANICALLY PRODUCED AND MUST NOT CONTAIN ADDED SULFITES. MADE WITH ORGANIC SPECIFIC INGREDIENTS: MUST CONTAIN AT LEAST 70% ORGANIC INGREDIENTS, NOR INCLUDE ADDED SULFITE, EXCEPT WHEN IT IS WINE. AND NATURAL DOES NOT MEAN ORGANIC. THESE WORDS ARE IN INTERCHANGEABLE. TRUTHFUL CLAIMS SUCH AS FREE-RANGE, HORMONE-FREE, AND NATURAL CAN APPEAR ON FOOD LABELS, JUST DON'T CONFUSE THE TERMS WITH ORGANIC.

LENGTH-00:30      ISSUE-CRIME    1      SHOW TIME-5:00

POLICE IN SARASOTA TONIGHT INVESTIGATING A SHOOTING IN THE NEWTOWN AREA THAT LEFT ONE MAN DEAD...OFFICERS REPORTED HEARING GUNSHOTS AROUND 1:30 THIS MORNING ...BEFORE BEING DISPATCHED TO THE SCENE OF THE INCIDENT AT 24TH STREET AND LEON AVENUE. POLICE THEN FOLLOWED AS 25 YEAR OLD CURTIS THOMAS WAS LOADED INTO A CAR AND DRIVEN TO SARASOTA MEMORIAL HOSPITAL WHERE HE LATER DIED FROM HIS INJURIES. POLICE ARE INVESTIGATING THE CASE AS A HOMICIDE.

OCTOBER 7, 2010

LENGTH-00:44      ISSUE-HEALTH    5      SHOW TIME-SUNRISE

MANY PEOPLE TURN TO DRINK IN TIMES OF STRESS. RESEARCHERS WANTED TO FIND OUT IF EXPOSURE TO A TRAUMATIC EVENT ACTUALLY CAUSES NEW CASES OF ALCOHOLISM. THE STUDY CENTERED ON ALMOST SEVEN HUNDRED PEOPLE WHO HAD FIRST-HAND EXPERIENCE OF SUCH MAJOR U-S DISASTERS AS THE 1993 MISSOURI FLOODS-- THE 1994 NORTHRIDGE, CALIFORNIA EARTHQUAKE-- AND THE OKLAHOMA CITY BOMBING IN 1995. THEIR DRINKING HABITS WERE SURVEYED FOR A PERIOD OF UP TO THREE YEARS AFTERWARD. THE AUTHORS SAY JUST POINT ZERO THREE (.03) PER CENT OF THEM BECAME ALCOHOL ABUSERS AS A RESULT OF THE EXPERIENCE. BUT THEY FOUND THAT A STUNNING EIGHTY-THREE PER CENT OF RECOVERING ALCOHOLICS WENT BACK TO THE BOTTLE FOLLOWING A TRAUMATIC EVENT. THE STUDY CONCLUDES THAT MOST ALCOHOL ABUSE FOLLOWING DISASTERS IS THE RESULT OF FORMER ALCOHOLICS' SUFFERING A RELAPSE.

LENGTH-01:01      ISSUE-WOMEN    8      SHOW TIME-12:00

AGE IS NOT JUST A NUMBER ... WHEN IT COMES TO STARTING A FAMILY. THE OLDER A MOM IS ... WHEN SHE'S TRYING TO CONCEIVE...THE MORE DIFFICULT IT MAY BE TO GET PREGNANT. MEDICAL TESTS HAVE SHOWN THE NUMBER OF EGGS A WOMAN IS BORN ... WITH STEADILY DECLINES OVER TIME. ACCORDING TO THE MARCH OF DIMES ... 1 IN 5 MODERN-DAY WOMEN HAVE THEIR FIRST CHILD AFTER THE AGE OF 35....DESPITE THE FACT THAT PEAK FERTILITY HAPPENS IN A WOMAN'S EARLY 20'S. WOMEN UNDER 35 ... ARE RECOMMENDED TO TRY CONCEIVING ON THEIR OWN ... FOR AT LEAST A YEAR ... BEFORE SEEKING THE HELP OF A FERTILITY SPECIALIST .HOWEVER, WOMEN OVER 35 SHOULD ONLY WAIT 6 MONTHS. "STARTING AROUND THE EARLY MID 30'S THE PREGNANCY RATES WERE PROGRESSIVELY DECREASING, SLOWLY. LATE 30'S AND 40'S THEY PLUMMET ALONG WITH THAT WE SEE AN INCREASE IN THE INCIDENTS OF MISCARRIAGES AND BIRTH DEFECTS. SO, EACH YEAR IS IMPORTANT AND WE TRY TO ENCOURAGE PATIENTS NOT TO DELAY CONCEPTION UNNECESSARILY."CENTERS FOR DISEASE CONTROL AND PREVENTION ESTIMATE OVER 7 MILLION WOMEN STRUGGLE WITH INFERTILITY.

LENGTH099:39      ISSUE-HEALTH    5      SHOW TIME-12:00

SLEEPY? YOU MAY NOT BE GETTING A GOOD NIGHT'S SLEEP. MORE THAN 30 PERCENT OF ADULTS SUFFER FROM INSOMNIA IN A GIVEN YEAR. ALMOST 20 PERCENT OF ADULTS EXPERIENCE MODERATE TO SEVERE DAYTIME DROWSINESS. NOT ONLY DOES THAT AFFECT PRODUCTIVITY, IT CAN ALSO BE DANGEROUS. HERE ARE A FEW SURPRISING, YET COMMON SLEEP WRECKERS: SHARING YOUR BED WITH A PET: A MAYO CLINIC STUDY FOUND 53 PERCENT OF PEOPLE WHO SLEPT WITH THEIR PETS HAD NIGHTLY DISRUPTIONS. GERD OR ACID REFLUX. YOU MIGHT NOT KNOW YOU HAVE IT UNTIL YOU HAVE TROUBLE SLEEPING. LYING DOWN CAUSE'S STOMACH ACID TO BACK UP INTO THE ESOPHAGUS,

CREATING HEARTBURN AND PAIN. PAIN, EVEN MILD, SUCH AS BACK PAIN, HEADACHES, AND OTHER MUSCLE AND JOINT CONDITIONS CAN TRIGGER POOR SLEEP. SO EVALUATE YOUR SLEEP STOPPERS, KNOWING WHAT IS CAUSING THE PROBLEM IS THE FIRST STEP BACK TO A GOOD NIGHT'S REST.

LENGTH-00:30    ISSUE-HEALTH    5    SHOW TIME-5:00

THE WEST NILE VIRUS SURFACES ON THE SUNCOAST.. HEALTH OFFICIALS CONFIRMING A DESOTO COUNTY RESIDENT HAS THE MOSQUITO TRANSMITTED VIRUS. SURVEILLANCE HAS SHOWN WEST NILE HAS BEEN PRESENT IN ANIMAL POPULATIONS OF THE COMMUNITY, AND NOW AT LEAST ONE HUMAN. THERE ARE WAYS TO PROTECT YOURSELF AGAINST WEST NILE.. HEALTH OFFICIALS EMPHASIZE USING THE "5 D'S," WHICH INCLUDE: AVOID BEING OUTDOORS AT DUSK AND DAWN. DRESS IN CLOTHING THAT COVERS THE SKIN. USE MOSQUITO REPELLENT THAT CONTAINS DEET. AND CHECK OUTSIDE YOUR HOME FOR STANDING WATER.

LENGTH-01:04    ISSUE-HEALTH    5    SHOW TIME-5:00

BINGE DRINKING IS A SERIOUS HEALTH CONCERN IN AMERICA, AND A NEW STUDY INDICATES THE PRACTICE REMAINS ALL TOO COMMON AMONG TEENS AND ADULTS. ACCORDING TO A NEW REPORT BY THE CENTERS FOR DISEASE CONTROL AND PREVENTION, ONE IN FOUR HIGH SCHOOL STUDENTS, AND ADULTS AGES 18 TO 34, ENGAGED IN BINGE DRINKING. BINGE DRINKING IS DEFINED AS FOUR OR MORE DRINKS, FOR WOMEN, AND FIVE OR MORE FOR MEN- CONSUMED OVER ABOUT 2 HOURS. THE PERCENTAGE OF BINGE DRINKING AMONG AMERICAN ADULTS HAS NOT DECLINED FOR MORE THAN 15 YEARS. FIFTEEN PERCENT OF THAT GROUP, OR 33 MILLION AMERICANS, BINGE DRINK. ALARMINGLY, TWO-THIRDS OF KID DRINKERS ARE "BINGE DRINKERS." THE CDC BASED THEIR RESEARCH ON SELF REPORTING SURVEYS OF MORE THAN 400-THOUSAND U.S. ADULTS, AND 16-THOUSAND HIGH SCHOOL STUDENTS. ACCORDING TO THE STUDY, MEN ARE MORE THAN TWICE AS LIKELY AS WOMEN TO BINGE DRINK AND IT'S MORE COMMON AMONG NON-HISPANIC WHITES THAN NON-HISPANIC BLACKS. EXCESSIVE ALCOHOL USE, INCLUDING BINGE DRINKING, IS THE THIRD LEADING CAUSE OF PREVENTABLE DEATH IN AMERICA - TAKING MORE THAN 79 THOUSAND LIVES EACH YEAR. BINGE DRINKERS PUT THEMSELVES AT HIGHER RISK FOR FATAL CAR CRASHES, DRUG OVERDOSES, VIOLENCE AND CONTRACTING SEXUALLY TRANSMITTED DISEASES. DRINKING IN EXCESS CAN ALSO CAUSE LIVER DISEASE, INCREASE THE RISK OF STROKE, HEART DISEASE AND CERTAIN CANCERS.

LENGTH-00:20    ISSUE-DRUGS    11    SHOW TIME-5:00

ANOTHER PRESCRIPTION DRUG BUST IN CHARLOTTE COUNTY SHERIFF'S DETECTIVES ARRESTING AARON GILLIN FOLLOWING WHAT THEY SAY WERE TWO UNDERCOVER DRUG BUYS FOR OXYCODONE AND XANAX. HE'S BEING HELD AT THE CHARLOTTE COUNTY JAIL ON TEN THOUSAND DOLLAR BOND. AS ALWAYS, ANYONE WITH INFORMATION ABOUT ILLEGAL DRUG ACTIVITY IS ASKED TO CALL CRIME STOPPERS AT 800-780-TIPS

LENGTH-00:31      ISSUE-CRIME   1      SHOW TIME-11:00

MANATEE COUNTY DEPUTIES SUSPECT FOUL PLAY AFTER A MAN IS FOUND SHOT IN HIS HOME. 68-YEAR-OLD ROBERT FREEMAN OF BRADENTON IS RECOVERING TONIGHT... DEPUTIES SAY HIS DAUGHTER FOUND HIM JUST BEFORE 3 O'CLOCK THIS AFTERNOON, LYING ON THE FLOOR, BLEEDING. SHE THEN RAN TO A NEIGHBOR WHO CALLED 9-1-1. HE WAS TAKEN TO BAYFRONT AND TREATED FOR A GUNSHOT WOUND. INVESTIGATORS SAY NO ONE REPORTED HEARING ANYTHING FROM FREEMAN'S HOME. SO THEY'RE ASKING FOR YOUR HELP SOLVING THE CASE.

OCTOBER 8, 2010

LENGTH-00:28      ISSUE-EDUCATION   10      SHOW TIME-SUNRISE

THE FLORIDA SUPREME COURT ... HAS REJECTED A TEACHERS UNION'S CHALLENGE ... TO A BALLOT ISSUE THAT WOULD LOOSEN THE STATE'S CLASS SIZE LIMITS. THE UNANIMOUS RULING CAME DOWN YESTERDAY AFTERNOON. JUSTICES RULED ITS BALLOT SUMMARY .... ACCURATELY DESCRIBES WHAT THE PROPOSED AMENDMENT WOULD DO. THE FLORIDA EDUCATION ASSOCIATION HAD ARGUED....THAT THE SUMMARY IS MISLEADING... BECAUSE IT FAILED TO SAY THE PROPOSAL WOULD REDUCE STATE SPENDING.

LENGTH-00:43      ISSUE-HEALTH   5      SHOW TIME-12:00

IF YOU HAVE HIGH BLOOD PRESSURE LISTEN CAREFULLY A NEW STUDY IN THE JOURNAL THE LANCET FOUND THAT PEOPLE WITH HYPERTENSION WHO MONITORED THEIR BLOOD PRESSURE FROM HOME WERE MORE EFFECTIVE AT CONTROLLING IT THAN THOSE THAT HAD IT MONITORED IN A DOCTOR'S OFFICE. BRITISH RESEARCHERS ASSIGNED 527 PATIENTS WITH HYPERTENSION, TO EITHER SELF-MONITORING OR STANDARD OFFICE CARE. THE SELF-MANAGED GROUP WAS TAUGHT HOW TO USE BLOOD PRESSURE MONITORS AND HOW TO ADJUST THEIR MEDICATION. AFTER A YEAR, THE PATIENTS WHO TOOK DAILY BLOOD PRESSURE READINGS AT HOME SAW A DROP IN THEIR SYSTOLIC PRESSURE OF 17.6 MM HG.

BUT THE PATIENTS WHO HAD READINGS DONE IN A DOCTOR'S OFFICE SAW ONLY A 12.2 MM HG DROP IN SYSTOLIC PRESSURE.THE SCIENTISTS SUGGEST THE SELF-CARE GROUP HAD A 20 PERCENT REDUCED RISK OF STROKE AND A 10 PERCENT REDUCED RISK OF HEART DISEASE AS COMPARED TO THE OTHER GROUP. MORE STUDIES ARE NEEDED, BUT SELF-CARE MAY BE THE WAVE OF THE FUTURE.

LENGTH-00:31      ISSUE-CRIME   1    SHOW TIME-5:00

AUTHORITIES ARE ASKING FOR THE PUBLIC'S HELP IN LOCATING THE MEN THEY SAY ROBBED AND BEAT A MANATEE COUNTY FAMILY IN THEIR OWN HOME ...IT HAPPENED AROUND 5 THIS MORNING IN THE 700 BLOCK OF 60th AVENUE TERRACE WEST.DEPUTIES SAY THREE MEN WEARING SKI MASKS BROKE THROUGH THE FRONT DOOR, PISTOL WHIPPING FAMILY MEMBERS BEFORE FORCING THEM TO LAY FACE DOWN ON THE FLOOR.THE THIEVES THEN GRABBED A LARGE SUM OF CASH AND TOOK OFF. SOME OF THE VICTIMS WERE TREATED FOR HEAD INJURIES...

LENGTH-00:47      ISSUE-WOMEN   8    SHOW TIME-5:00

IT'S ANOTHER CASE OF MOM TO THE RESCUE. A NEW STUDY FINDS THAT MOTHERS VACCINATED AGAINST THE FLU PASS ALONG PROTECTION FROM THE DISEASE TO THEIR CHILDREN. BABIES GET THEIR IMMUNE RESPONSE FROM THEIR MOTHERS WHILE IN THE WOMB AND FROM BREAST MILK AFTER BIRTH. RESEARCHERS WONDERED IF INOCULATING PREGNANT WOMEN AGAINST THE SEASONAL FLU WOULD ALSO HELP CHASE THE BUG FROM THEIR NEWBORNS. THEY FOLLOWED 1160 INFANTS FOR UP TO SIX MONTHS AFTER BIRTH-- AND CONCLUDED THAT BABIES OF VACCINATED MOTHERS ENJOYED A FORTY-ONE PER CENT LOWER RISK OF INFECTION THAN THOSE BORN TO WOMEN WHO WEREN'T VACCINATED. THAT MAY BE SIMPLY BECAUSE THE MOTHERS DIDN'T CATCH THE FLU TO PASS ALONG TO THE KIDS-- OR IT COULD BE THAT THE VACCINE WORKED ON THE BABIES DURING PREGNANCY. ONE NOTE: THE MOTHERS IN THE STUDY WERE FROM NATIVE-AMERICAN RESERVATIONS WHERE CONDITIONS MAY NOT BE TYPICAL OF THOSE ELSEWHERE. THAT MEANS THE RESULTS SHOULD BE APPLIED CAUTIOUSLY TO THE REST OF THE POPULATION. WITH THIS MEDICAL MINUTE, I'M DOCTOR TIMOTHY JOHNSON.

OCTOBER 9, 2010

NOTHING

OCTOBER 10, 2010

LENGTH-00:21      ISSUE-CRIME 1    SHOW TIME-EARLY

POLICE IN BRADENTON SAY A NEIGHBOR'S TIP HELPED THEM CATCH TWO BURGLARS. THOSE ARRESTED... 54-YEAR OLD JOSEPH CREWS AND 24-YEAR-OLD RONALD SILVANI. SOMEONE CALLED 911 TO SAY THEY THOUGHT SOMEONE WAS STEALING FROM A VACANT HOME ON 18TH STREET WEST. POLICE ARRIVED TO FIND A WHITE VAN BACKED UP TO THE FRONT DOOR, FULL OF THE HOME'S BELONGINGS. THEY CAUGHT THE TWO MEN THEY ARRESTED; A THIRD RAN AWAY.

LENGTH-00:36      ISSUE-CRIME 1    SHOW TIME-EARLY

TONIGHT, SARASOTA POLICE CONTINUING THE HUNT FOR AN ARMED AND DANGEROUS SUSPECT IN THE MURDER OF A NEWTOWN MAN THIS WEEK. THEY SAY THAT 38-YEAR OLD DAVID TAYLOR -- ALSO KNOWN AS "CHEESY" -- SHOT CURTIS THOMAS EARLY WEDNESDAY MORNING NEAR THE INTERSECTION OF 24TH STREET AND LEON AVENUE. THOMAS, WHO WAS 25, DIED FROM HIS INJURIES LATER THAT DAY AT SARASOTA MEMORIAL HOSPITAL. POLICE PLAN TO CHARGE CHEESY TAYLOR WITH MURDER AND AGGRAVATED ASSAULT WITH A FIREARM. HE IS STILL LOOSE. THEY SAY HE IS ARMED AND DANGEROUS.

OCTOBER 11, 2010

LENGTH-00:29      ISSUE-CRIME 1    SHOW TIME-SUNRISE

A MANATEE COUNTY BUSINESS SAYS IT HAS LOST 45-THOUSAND DOLLARS WORTH OF COPPER ... FROM ITS AIR CONDITIONING SYSTEM. THE MANAGER OF "CLASSIE PRODUCE" IN PALMETTO .... TELLS POLICE HE DISCOVERED THE MISSING PIECES OF COILS, TUBING AND WIRE ON SATURDAY. THE PLANT, LOCATED IN THE 15-HUNDRED BLOCK OF 24TH AVENUE EAST IN PALMETTO...HAD BEEN IDLE FOR SOME TIME. BUT ALL THREE A/C UNITS WERE OPERATIONAL.. THE MANATEE SHERIFF'S OFFICE SAYS ... IT DOESN'T HAVE ANY SUSPECTS.

LENGTH-01:08      ISSUE-CRIME 1    SHOW TIME-SUNRISE



FOR THE FIRST TIME, MEXICAN AUTHORITIES ARE NAMING SUSPECTS IN THE REPORTED SHOOTING DEATH OF AMERICAN DAVID HARTLEY WHILE JET SKIING NEAR THE TEXAS BORDER. BUT IN A SIGN OF HOW DANGEROUS THE DRUG WAR IS-REPORTERS IN MEXICO SAY AUTHORITIES ARE TOO SCARED TO HOLD A PRESS CONFERENCE-A MEXICAN JOURNALIST EMAILING ABC NEWS: "IT IS SURELY BECAUSE OF THE DANGER POSED TO EVERYONE BY THE CARTELS TAKING REVENGE ON ANYONE FOLLOWING UP THE CASE." WHAT WE DO KNOW IS THAT PEDRO SALDIVA FARRIAS AND JOSE MANUEL SALDIVA HAVE BEEN NAMED BY AUTHORITIES-THE BROTHERS-SUSPECTS IN A STRING OF OTHER MURDERS AND KIDNAPPINGS-- ARE ALLEGED MEMBERS OF THE ZETA DRUG CARTEL LOCATED NEAR THE ABANDONED TOWN WHERE DAVID AND TIFFANY HARTLEY WERE JET SKIING. SHE SAYS MEXICAN PIRATES OPENED FIRE ON HER HUSBAND WITH ASSAULT RIFLES. TODAY, FINALLY- A GLIMMER OF HOPE THAT SOMETHING IS BEING DONE. TIFFANY HARTLEY "I HOPE THAT ITS GONNA YOU KNOW BRING DAVID HOME HOPEFULLY THEY CAN TELL US WHERE HE IS AND LOCATE YOU KNOW WHERE HE'S AT SO WE CAN KINDA END THIS." UNTIL NOW, MEXICAN AUTHORITIES SEEMED TO DOUBT TIFFANY'S STORY. DAVID'S BODY-EVEN HIS JET SKI-HAVE NOT BEEN FOUND. TIFFANY HARTLEY " AS LONG AS WE FIND HIM YOU KNOW THEN WE CAN AT LEAST KINDA BRING SOME CLOSURE TO THIS." BUT GIVEN THE DANGER TO AUTHORITIES IN MEXICO AND THE STRENGTH OF THE DRUG CARTELS-ARRESTS WILL NOT COME EASY.

LENGTH-00:41      ISSUE-HEALTH      5      SHOW TIME-12:00

FOR MANY OF US FALL THE SEASON OF SNEEZING AND WHEEZING. WHEN IT COMES TO FALL ALLERGIES, POLLEN AND MOLDS ARE MAIN TRIGGERS. EVEN IF IT DOESN'T GROW NEARBY, YOU CAN STILL SUFFER. RAGWEED POLLEN CAN TRAVEL HUNDREDS OF MILES. 1, 2,5 ALLERGENS TRIGGER A HISTAMINE RESPONSE-WATERY EYES, SNEEZING, AND A RUNNY NOSE. OVER-THE-COUNTER "ANTI-HISTAMINES" CAN HELP, BUT THEY ALSO HAVE SIDE EFFECTS SUCH AS DROWSINESS AND CONFUSION. WHAT CAN YOU DO TO REDUCE FALL ALLERGIES?CHECK THE POLLEN COUNT IN YOUR AREA AND STAY INDOORS ON HIGH-COUNT DAYS. COUNTS ARE HIGHEST AROUND NOON. WEAR A FACEMASK WHEN DOING CHORES IN AND AROUND THE HOUSE. POLLEN AND MOLD IS STIRRED UP WHEN VACUUMING AND RAKING LEAVES. SHOWER AND WASH YOUR CLOTHES IF YOU'VE BEEN OUTDOORS FOR A LONG TIME. BATHE YOUR PET FREQUENTLY IF IT GOES OUTSIDE.AND IF YOUR ALLERGIES ARE SEVERE, TALK TO YOUR DOCTOR ABOUT THE BEST TREATMENT FOR YOU.

LENGTH-00:25      ISSUE-CRIME      1      SHOW TIME-5:00

THE VICTIM OF A SHOOTING LAST WEEK IN MANATEE COUNTY HAS DIED. DEPUTIES SAY 68-YEAR-OLD EARL FREEMAN'S DAUGHTER FOUND HIM BLEEDING ON THE FLOOR OF HIS

BRADENTON HOME LAST THURSDAY . HE DIED SATURDAY FROM HIS WOUNDS.  
INVESTIGATORS SAY NO ONE REPORTED HEARING ANYTHING FROM FREEMAN'S HOME.  
SO THEY'RE ASKING FOR YOUR HELP ... IN SOLVING THE CASE.

OCTOBER 12, 2010

LENGTH-00:43      ISSUE-HEALTH   5      SHOW TIME-12:00

DO YOU KNOW HOW MANY CALORIES YOU SHOULD CONSUME IN A DAY? A NEW SURVEY FINDS MOST AMERICANS DON'T...AND IT COULD BE MAKING US FAT. RESEARCHERS ASKED MORE THAN 1,000 ADULTS WHAT THEY WERE DOING TO LOSE OR MAINTAIN THEIR WEIGHT. WHILE THE MAJORITY SAID THEY WERE EXERCISING AND WATCHING WHAT THEY ATE, MOST DIDN'T KNOW THE ACTUAL NUMBER OF CALORIES THEY SHOULD TAKE IN. 2 THE NUMBER OF CALORIES YOU EAT, DRINK, AND BURN OFF DURING EXERCISE, DETERMINES WHAT YOU WEIGH. ONE POUND OF BODY FAT CONSISTS OF 3,500 CALORIES, SO TO LOSE WEIGHT, AIM FOR SLOW AND STEADY LOSS BY EATING LESS AND EXERCISING MORE. 1 FATS HAVE THE HIGHEST CONCENTRATION OF CALORIES, WITH NINE CALORIES PER GRAM. ALCOHOL HAS 7 CALORIES PER GRAM, AND PROTEIN AND CARBS EACH HAVE FOUR. 2 TO FIND OUT HOW MANY CALORIES YOU NEED, CHECK OUT THE U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES WEBSITE. 1 UNDERSTANDING THE ROLE CALORIES PLAY IN YOUR DIET CAN HELP YOU LOSE, MAINTAIN OR GAIN WEIGHT.

LENGTH-01:42      ISSUE-ELDERLY   7      SHOW TIME-12:00

It's the first time this has happened Two years with no increase in social security.. The average PAYMENT..\$1,072 A MONTH. MORE THAN HALF (64 PERCENT ) SAY THAT MONEY IS THEIR PRIMARY SOURCE OF INCOME... AND IF YOU TALK TO SENIORS ACROSS THIS COUNTRY.. JUST AS WE DID TODAY... YOU HEAR THE SAME QUESTIONS. MARY JO ZOGBY IN MILFORD, MASSACHUSETTS: MARY JO ZOGBY/ MILFORD: "WHY CAN'T YOU USE MORE MONEY FOR US? YOU ARE USING MORE MONEY IN OTHER AVENUES, WHY CAN'T YOU USE MORE MONEY FOR US? " HERE'S THE GOVERNMENT'S EXPLANATION. ANY SOCIAL SECURITY INCREASE -- IS CONNECTED TO INFLATION--- PRICES ON EVERYTHING FROM A LOAF OF BREAD TO A CARTON OF ORANGE JUICE... BUT INFLATION THIS LAST YEAR WAS LESS THAN 1 PERCENT. IN FACT, WE WERE SURPRISED TO LEARN.. A LOAF OF BREAD IS ACTUALLY DOWN ABOUT A DIME YEAR TO YEAR IN SOME PLACES... A HALF GALLON OF JUICE DOWN 15 CENTS. SO WHY ARE SENIORS AND SO MANY OTHERS STILL FEELING SQUEEZED? DAVID CERTNER/ AARP: "THEY'VE SEEN THEIR HOME VALUES DROP. PRESCRIPTION DRUGS REALLY RISING MUCH FASTER THAN THE ECONOMY." THOSE PRESCRIPTION DRUGS -- ARE EXACTLY WHAT SHIRLEY SCHRAUB -- IN CORAL GABLES, FLORIDA -- ASKED US ABOUT TODAY. DRUG PRICES UP MORE THAN 8 PERCENT IN A YEAR. SHIRLEY SCHRAUB/ CORAL GABLES, FL: "IF THE DRUG COMPANIES SELL TO CANADA FOR LESS, WHY DO THEY CHARGE MORE HERE? " MUIR: "IS THERE ANYTHING

SHIRLEY CAN SHE DO?" MICHELLE SINGLETARY/ COLUMNIST, "THE COLOR OF MONEY":  
"THERE ARE LOTS OF THINGS SHIRLEY CAN DO. FOR EXAMPLE, A LOT OF SENIORS ARE  
RELUCTANT TO BUY GENERIC DRUGS, BUT IF YOU USE THOSE TYPE OF DRUGS IT CAN CUT  
THE COSTS ANYWHERE FROM, IN SOME CASES, FIFTY PERCENT. AND THERE WAS JUNE  
GLENNON-- OUTSIDE BOSTON -- HER CONCERN -- PLUMMETING HOUSING VALUES.. DOWN AN  
AVERAGE OF 16 PERCENT FOR SENIORS SINCE THE RECESSION BEGAN. JUNE GLENNON: "THE  
PROPERTY WHERE I LIVE IS PAID FOR BUT I THINK I AM GOING TO HAVE TO GET A REVERSE  
MORTGAGE JUST TO STAY AFLOAT." SINGLTARY: "I'D HATE TO SEE HER USE IT AS A FIRST  
OPTION." IN OTHER WORDS, TAKING OUT EQUITY ON HER HOME-- TO PAY THE BILLS.  
SINGLETARY: "THAT CONCERNS ME. IT'S VERY EXPENSIVE TO DO." SO WHAT DOES SHE DO?  
SINGLETARY: "SOME OF THE THINGS I WOULD RECOMMEND IS TO TAKE IN A BOARDER. NOW  
I KNOW THAT SOUNDS CRAZY AND PEOPLE WANT TO BE PAST THAT, BUT THEY CAN HELP  
WITH SOME OF THE EXPENSES."

LENGTH-00:50      ISSUE-HEALTH      5      SHOW TIME-5:00

OF PEOPLE USE BLOOD THINNERS TO HELP PREVENT STROKES AND HEART ATTACKS. BUT  
THOSE DRUGS OFTEN IRRITATE THE STOMACH LINING-- SO PATIENTS ALSO TAKE DRUGS  
THAT BLOCK THE SECRETIONS OF STOMACH ACID. THE COMBINED USE OF THESE DRUGS HAS  
BEEN VERY CONTROVERSIAL BECAUSE SOME SAY THE STOMACH DRUGS WEAKEN THE  
EFFECTS OF THE BLOOD THINNERS. IN 2009, THE FOOD AND DRUG ADMINISTRATION ISSUED  
A WARNING AGAINST USING THE TWO TOGETHER. BUT NEW STUDY FINDS THE WARNING  
MAY BE MISPLACED. RESEARCHERS STUDIED ALMOST FOUR THOUSAND PATIENTS WHO  
COMBINED ASPIRIN-- WHICH IS A BLOOD THINNER-- WITH EITHER A STOMACH-ACID  
BLOCKER OR A PLACEBO. THOSE ON THE ACID-BLOCKER HAD LOWER RATES OF GASTRO-  
INTESTINAL BLEEDING THAN THE PATIENTS ON PLACEBO. BUT THEY HAD \*NO\* HIGHER RISK  
OF CARDIO-VASCULAR EVENTS. SO \*THESE\* AUTHORS CONCLUDE THAT ACID BLOCKERS  
REDUCE THE SIDE-EFFECTS OF BLOOD THINNERS \*WITHOUT\* DECREASING THEIR  
EFFECTIVENESS. BUT PATIENTS SHOULD NOTE THAT \*OTHER\* STUDIES HAVE FOUND AN  
ELEVATED RISK OF CARDIO-VASCULAR EVENTS

LENGTH-00:27      ISSUE-CRIME      1      SHOW TIME-5:00

THE SARASOTA COUNTY SHERIFF'S OFFICE IS INVESTIGATING THE SHOOTING DEATH OF A  
VENICE MAN. A WITNESS CALLED 9-1-1 TO REPORT A SHOOTING AT 607 DOLPHIN ROAD  
YESTERDAY AFTERNOON. THE CALLER THEN TOLD THE OPERATOR THEY WERE BRINGING  
THE VICTIM TO VENICE REGIONAL MEDICAL CENTER. WITNESSES SAY THE VICTIM,  
ZACHARY DUBAY WAS PREPARING TO GO TO A FIRING RANGE IN CHARLOTTE COUNTY  
WHEN HIS FATHER, EUGENE DUBAY, HANDED HIM A PISTOL AND IT ACCIDENTALLY WENT  
OFF. ZACHARY LATER DIED FROM HIS INJURIES.

OCTOBER 13, 2010

LENGTH-00:44      ISSUE-HEALTH    5      SHOW TIME-12:00

JUST AS SOLDIERS HAVE BODY ARMOR TO PROTECT THEMSELVES, NEW RESEARCH SHOWS WE CAN USE "MENTAL ARMOR" TO CUSHION OURSELVES DURING STRESSFUL SITUATIONS. FOR INSTANCE, SCIENTISTS AT HARVARD HAVE LEARNED THAT TECHNIQUES LIKE YOGA AND MEDITATION THAT PUT THE BODY INTO A DEEP STATE OF REST, MAY ACTUALLY ALTER THE WAY OUR GENES RESPOND TO STRESS. TRY THIS NEXT TIME YOU'RE FEEING PRESSURED: FIND A QUIET PLACE TO RELAX. CLOSE YOUR EYES AND CHOOSE A WORD OR PHRASE THAT HAS SPECIAL MEANING TO YOU. FOCUS ON YOUR BREATH, SILENTLY REPEATING THE PHRASE AS YOU EXHALE. DO IT FOR MINUTES. SEATTLE RESEARCHERS FOUND THAT LISTENING TO SOOTHING MUSIC AND BREATHING DEEPLY MAY BE AS BENEFICIAL AS GETTING A MASSAGE. AND ENGLISH RESEARCHERS FOUND THAT AS LITTLE AS 5 MINUTES OF OUTDOOR ACTIVITY, SUCH AS WALKING, BIKING OR GARDENING, CAN BOOST MENTAL HEALTH. CHRONIC STRESS TAKES A TOLL ON BOTH YOUR BODY AND MIND. THESE COPING SKILLS CAN HELP YOU COMBAT LIFE'S DAILY STRESSORS.

LENGTH-00:28      ISSUE-CRIME    1      SHOW TIME-5:00

A FORENSIC UNIT WITH THE SHERIFF'S OFFICE SPENT THE MORNING SEARCHING FOR CLUES AT THE HOME IN THE 200 BLOCK 60TH AVENUE WEST IN BRADENTON. THE SHERIFF'S OFFICE REPORTING 30 YEAR OLD NICHOLAS MCGHEE WAS SHOT TO DEATH INSIDE HIS RESIDENCE AROUND ONE O'CLOCK THIS MORNING. ACCORDING TO THE REPORT, THERE WERE FOUR BULLET HOLES ON THE FRONT DOOR, AND MCGEE WAS SHOT ONCE IN THE HEAD. "NOT A GREAT WITNESS ACCOUNT RIGHT NOW, WE'RE TALKING TO FAMILY MEMBERS AND OTHER PEOPLE IN THIS AREA, BASICALLY WHAT WERE GOING ON IS SOMEONE SAW THREE BLACK MALES RUNNING FROM THE SCENE, BUT AS FAR AS A GOOD DESCRIPTION, NO NOT AS THIS POINT."

LENGTH-00:23      ISSUE-CRIME    1      SHOW TIME-5:00

SHERIFF'S DEPUTIES LOOKING FOR AN ARMED MAN WHO TRIED TO ROB A WOMAN AT A SARASOTA A-T-M LATE LAST NIGHT..SHERIFF'S DEPUTIES SAY THE MAN WALKED UP BEHIND AN 18-YEAR OLD WOMAN AT A BANK OF AMERICA BRANCH ON BEE RIDGE ROAD.. HE WAS ARMED AND DEMANDED HER CASH.. BUT THEN LEFT WITHOUT GETTING ANYTHING.. INVESTIGATORS SAY HE WAS WEARING A BLACK BANDANA..

LENGTH-01:10    ISSUE-EDUCATION    10    SHOW TIME-5:00

STUDENTS STUDY HARD-- LEARNING THEIR ABC'S AND 123'S-- BUT ACCORDING TO THE ADEQUATE YEARLY PROGRESS GOALS SARASOTA COUNTY SCHOOLS AREN'T MAKING THE GRADE. THERE ISN'T ANY DISTRICT THAT HAS MADE THAT BAR AND WE CERTAINLY DEMONSTRATE HIGHER PERFORMANCE THAN MOST DISTRICTS IN THE STATE OF FLORIDA LORI WHITE-- SARASOTA COUNTY SCHOOLS SUPERINTENDENT-- SAYS THAT'S JUST THE PROBLEM-- IT'S NEARLY IMPOSSIBLE FOR ANY SCHOOL TO MEET THE ADEQUATE YEARLY PROGRESS GOALS-- OR A-Y-P.EACH YEAR THE TARGET IS A LITTLE BIT HIGHER BECAUSE AS A COUNTRY PART OF NCLB IS THAT BY 2014 100% OF OUR STUDENTS WILL BE PROFICIENT IN READING AND MATHEMATICS TO MAKE A-Y-P A PERCENTAGE OF STUDENTS IN CERTAIN SUBGROUPS MUST MEET THE GOALS IF ONE SUB-GROUP DOESN'T PASS-- THEN THE DISTRICT DOESN'T PASS. CERTAINLY A VERY CHALLENGING GOAL PARTICULARLY WITH CERTAIN SUBGROUPS OF STUDENTS STUDENTS WITH DISABILITIES OR STUDENTS WHO DON'T COME TO THIS COUNTRY SPEAKING ENGLISH AS A FIRST LANGUAGE SARASOTA COUNTY SCHOOLS DID NOT MAKE A-Y-P FOR THE LAST FOUR YEARS-- AND WHITE SAYS IT ALL COMES DOWN TO RESOURCES. WHEN YOU HAVE FEWER RESOURCES THAT YOU CAN DEVOTE TO THE SCHOOLS THERE ARE NOT AS MANY TEACHERS THAT CAN PULL KIDS OUT TO PROVIDE THOSE ADDITIONAL RESOURCES WE DON'T HAVE AS MANY AFTER SCHOOL TUTORIALS FOR THOSE ONE ON ONE TYPES OF INTERVENTIONS THAT SOME STUDENTS DESPERATELY NEED DESPITE THE LACK OF RESOURCES-- WHITE SAYS THE DISTRICT IS LOOKING FOR WAYS TO IMPROVE AND GIVE TEACHERS THE TOOLS THEY NEED TO BETTER MONITOR STUDENTS PROGRESS.

LENGTH-01:08    ISSUE-CRIME    1    SHOW TIME-6:00

INVESTIGATORS AND CRIME SCENE TECHNICIANS WITH THE MANATEE COUNTY SHERIFF'S OFFICE LOOKING FOR ANYTHING THAT COULD LEAD DETECTIVES TO WHO SHOT AND KILLED NICHOLAS MCGEE. NOT A GREAT WITNESS ACCOUNT RIGHT NOW WE'RE TALKING TO FAMILY MEMBERS AND OTHER PEOPLE IN THIS AREA." JUST AFTER ONE A-M A DEPUTY PATROLLING THE AREA HEARD GUN SHOTS.4 MINUTES LATER A 9-1-1 CAME IN, REPORTING SHOTS WERE FIRED AND THREE MEN WERE SEEN RUNNING THROUGH THE NEIGHBORHOOD. A REPORT STATES THERE ARE FOUR BULLET HOLES ON THE FRONT DOOR. MCGEE WAS SHOT ONCE IN THE HEAD."FOUND THE VICTIM JUST INSIDE HIS RESIDENCE AND WE GOT EMS OUT HERE AND THEY PRONOUNCED HIM DEAD AT THE SCENE." SHERIFF'S OFFICIALS SAY EARLY EVIDENCE POINTS TO THE MURDER BEING DRUG RELATED.MCGEE HAS BEEN ARRESTED AND CHARGED IN THE PAST FOR POSSESSION OF COCAINE, AND POSSESSION OF A FIREARM BY A CONVICTED FELON. NEIGHBORS NOT SAYING MUCH, SOME FOR FEAR OF RETALIATION. "THIS ISN'T ONE OF THE BETTER NEIGHBORHOODS IN MANATEE COUNTY CERTAINLY THERE ARE SOME GOOD PEOPLE THAT LIVE IN HERE AND ARE TRYING TO GET THEIR NEIGHBORHOOD WHERE IT SHOULD BE BUT WE DO HAVE QUITE A BIT OF CRIME IN THIS

NEIGHBORHOOD."THE NEIGHBORHOOD IS IN THE SOUTHERN PORTION OF THE COUNTY, JUST EAST OF U-S 41, SECONDS AWAY FROM A SHERIFF'S OFFICE SUBSTATION. IT'S ALSO HEAVILY PATROLLED. THERE ARE FAMILIES WITH YOUNG CHILDREN WHO WORRY THEY COULD BECOME UNINTENDED VICTIMS IF THE DRUG RELATED CRIME CONTINUES.AFTER YOU HAVE A HOMICIDE YOU KEEP AN EXTRA EYE ON IT."

LENGTH-00:54    ISSUE==EDUCATION    10    SHOW TIME-6:00

THE ADEQUATE YEARLY PROGRESS GOALS MEASURE READING-- MATH-- WRITING-- AND GRADUATION RATE. TO MAKE A-Y-P-- A PERCTANGE OF STUDENTS-- INCLUDING CERTAIN SUB-GROUPS OF STUDENTS-- MUST MEET THE GOALS. IF ONE SUB-GROUP DOESN'T PASS-- THEN THE DISTRICT DOESN'T PASS. AS PART OF THE NO CHILD LEFT BEHIND POLICY-- ONE HUNDRED PERCENT OF STUDENTS MUST BE PROFICIENT IN READING AND MATH BY 2014-- SO EACH YEAR THE A-Y-P BAR IS RAISED HIGHER AND HIGHER. SARASOTA COUNTY SCHOOLS SUPERINTENDENT-- SAYS SCHOOLS HAVE IMPROVED-- BUT TO MEET THE GOALS-- SCHOOLS WOULD NEED MORE RESOURCES.WHEN YOU HAVE FEWER RESOURCES THAT YOU CAN DEVOTE TO THE SCHOOLS THERE ARE NOT AS MANY TEACHERS THAT CAN PULL KIDS OUT TO PROVIDE THOSE ADDITIONAL RESOURCES WE DON'T HAVE AS MANY AFTER SCHOOL TUTORIALS FOR THOSE ONE ON ONE TYPES OF INTERVENTIONS THAT SOME STUDENTS DESPERATELY NEED

LENGTH-01:25    ISSUE-WOMEN    8    SHOW TIME-11:00

ONE IN FOUR WOMEN WILL EXPERIENCE ABUSE IN THEIR LIFETIME. AND THESE ARE THE FACES OF THE ONES THAT HAVE GOTTEN OUT OF AN ABUSIVE RELATIONSHIP ALIVE. THE NUMBER OF DOMESTIC VIOLENCE MURDERS IN THE STATE OF FLORIDA HAVE BEEN ON THE RISE... BETWEEN 2008 AND 2009 THERE WAS A 15.6 PERCENT INCREASE. AND IT IS STILL GOING UP... SO FAR THIS YEAR COMPARED TO LAST... DOMESTIC VIOLENCE MURDER IS UP 5.6 PERCENT. THE CRIME NUMBERS ALSO SHOW STALKING IS UP DRAMATICALLY BY 47 PERCENT. WHICH MANY SAY IS A PRECURSOR TO MURDER. THE NUMBERS WERE JUST TO TELLING...ESPECIALLY WHEN THE CRIME STATISTICS CAME OUT FOR 2009 THERE WAS NO DENYING THE FACT THAT THE ECONOMY WAS HAVING A SIGNIFICANT EFFECT ON DOMESTIC VIOLENCE. OLIVIA THOMAS EXECUTIVE DIRECTOR OF SPARCC... A CRISIS CENTER WHICH OFFERS SERVICES TO VICTIMS OF DOMESTIC AND SEXUAL VIOLENCE... SAYS THE TOUGH ECONOMY HAS BEEN A TRIGGER IN AN ALREADY FRACTURED RELATIONSHIP. SPARCC HAS BEEN SEEING THE RESULTS... HELPING MORE AND MORE VICTIMS. ONE OF THE REASONS PEOPLE STAY IN VIOLENT RELATIONSHIPS IS THEY FEEL THEY CAN'T AFFORD TO LEAVE. GOVERNOR CHARLIE CRIST... ANNOUNCED A NEW PILOT PROGRAM TO HELP DOMESTIC VIOLENT VICTIMS GET OUT OF A DANGEROUS RELATIONSHIP. IT WILL BE TRIED HERE ON THE SUNCOAST... CRISIS CENTERS IN SARASOTA AND MANATEE COUNTY WILL BE WORKING WITH JOB CENTERS TO HELP DEVELOP A VICTIMS SKILLS AND GET THEM THE TOOLS NEEDED TO HAVE A CAREER. THESE VICTIMS HAVE BEEN ISOLATED...OFTEN TIMES THEY'RE NOT ALLOWED TO WORK, NOT ALLOWED TO GET OUT OF THE HOME, SO THEY MAY NOT HAVE

THE SKILLS THAT THEY NEED OR THEY MAY NOT HAVE WORKED IN MANY YEARS. ONE REASON VICTIMS STAY IN AN ABUSIVE RELATIONSHIP... IS THEY CAN'T AFFORD TO LEAVE. BUT JOB OPPORTUNITIES CAN OPEN NEW DOORS... AND A NEW LIFE FOR VICTIMS.

LENGTH-00:26      ISSUE-CRIME 1      SHOW TIME-11:00

CHARLOTTE COUNTY SHERIFF'S DETECTIVES ARREST A PORT CHARLOTTE MAN SUSPECTED OF MOLESTING AN 8-YEAR-OLD BOY GREGORY PA-CHEYCO TURNED HIMSELF INTO AUTHORITIES TODAY FOLLOWING AN INVESTIGATION BY THE DEPARTMENT OF CHILDREN AND FAMILIES. INVESTIGATORS SAY THE REPORTED SEXUAL BATTERY OCCURRED IN EARLY AUGUST. DETECTIVES DO BELIEVE THERE COULD BE MORE VICTIMS IN THE CASE, INCLUDING THE BOY'S FRIENDS.

OCTOBER 14, 2010

LENGTH-00:29      ISSUE-CRIME 1      SHOW TIME-SUNRISE

A SARASOTA MOTHER IS IN JAIL THIS MORNING...AFTER TRYING TO KIDNAP HER BABY FROM A DAYCARE CENTER. 25-YEAR-OLD KRIZIA GASKINS ... WAS ARRESTED YESTERDAY AFTERNOON IN MANATEE COUNTY. SHE WAS VISITING HER ONE-YEAR-OLD DAUGHTER... WHO'S LEGAL GUARDIAN IS THE CHILD'S AUNT...WHEN SHE TOOK THE BABY AND FLED.. DEPUTIES FOUND HER AND THE CHILD A SHORT TIME LATER...SHE WAS TAKEN TO THE MANATEE COUNTY JAIL .... CHARGED WITH INTERFERENCE WITH CHILD CUSTODY.

LENGTH-00:37      ISSUE-CRIME 1      SHOW TIME-12:00

THREE TEENS GOT THE ATTENTION OF POLICE IN SOUTHEAST FLORIDA LAST NIGHT. THEY LED DOZENS OF OFFICERS ON A CHASE .... SPANNING TWO COUNTIES. IT STARTED IN BOCA RATON...WHEN THE 15-YEAR-OLD DRIVER HIT A POLICE OFFICER'S CRUISER IN A PARKING LOT... AND TOOK OFF. THE PURSUIT ENDED ON I-95 IN BROWARD COUNTY. POLICE USED STOP STICKS .... TO FLATTEN THE SUSPECT'S TIRES. CHARGES ARE COMING FOR THE TEENAGE DRIVER.. INCLUDING AGGRAVATED BATTERY ON A POLICE OFFICER. TWO POLICE OFFICERS WERE HURT IN THE CHASE... BUT THEY'LL BE O-K. THE OTHER TWO TEENS IN THE CAR ... ARE ALSO IN POLICE CUSTODY.

LENGTH-00:29      ISSUE-EDUCATION 10      SHOW TIME-5:00

TWO SARASOTA COUNTY ELEMENTARY SCHOOL TEACHERS RECEIVING STATEWIDE RECOGNITION FOR THEIR STUDENT'S PROGRESS..THE FOUNDATION FOR EXCELLENCE IN EDUCATION RECOGNIZING FIFTH-GRADE TEACHER JASON COPPOLA OF TOLEDO BLADE ELEMENTARY ...AND FOURTH-GRADE TEACHER TAUNYA FOGLEMAN OF SOUTHSIDE ELEMENTARY FOR THEIR WORK HELPING STUDENTS IMPROVE IN MATH FOR THREE CONSECUTIVE YEARS.THE TWO ARE AMONG 76 TEACHERS WHO WILL BE HONORED WITH AN EXCEL AWARD.. IN ORLANDO AT THE END OF THE MONTH.. OUR CONGRATULATIONS TO THEM BOTH..

LENGTH-02:07

ISSUE-HEALTH 5 SHOW TIME-6:00

WHILE IT MAY VERY WELL BE TRUE, THAT PHYSICIANS, AND OTHER HEALTH PROVIDERS MAY HARBOR SOMEWHAT NEGATIVE ATTITUDES TOWARDS OBESITY OR OBESE PATIENTS, THESE ATTITUDES DON'T SEEM TO BE BORN OUT IN LOWER QUALITY OF CARE. VIDEO B-ROLL PATIENT GETTING EXAMINED AUDIO VO A TYPICAL DAY AT PHILADELPHIA'S V-A MEDICAL CENTER. WHERE SOME PATIENTS ARE HAVING THEIR BLOOD SUGAR CHECKED... HAVE YOU HAD THE FLU SHOTS?" VO B-ROLL PATIENT RECEIVING A FLU SHOT AUDIO VO ...WHILE OTHERS ARE RECEIVING A FLU SHOT. VIDEO B-ROLL DR. CHANG TALKING WITH COLLEAGUE, SITTING AT DESK, LOOKING AT COMPUTER, EXTERIORS OF VA HOSPITAL AUDIO VO DR. VIRGINIA CHANG FROM THE UNIVERSITY OF PENNSYLVANIA AND CO-AUTHORS REVIEWED THESE AND SEVERAL OTHER COMMON OUTPATIENT PROCEDURES INCLUDING CANCER SCREENINGS WHICH WERE PERFORMED AT V-A FACILITIES FROM 2003 TO 2004 AND ALSO TO MEDICARE BENEFICIARIES FROM 1994 TO 2006. WE DID NOT FIND ANY EVIDENCE ACROSS ANY OF THESE MEASURES THAT OBESE OR OVERWEIGHT PATIENTS ARE RECEIVING LOWER QUALITY OF CARE. TO THE CONTRARY WE FOUND THAT THESE GROUPS OFTEN RECEIVE SLIGHTLY BETTER CARE ON SEVERAL OF OUR MEASURES." THE STUDY APPEARS IN THIS WEEK'S JAMA, JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION. "IF YOU LOOK AT THE MEDICARE POPULATION AT DIABETES CARE AND YOU CONSIDER WHETHER PATIENTS WITH DIABETES ARE HAVING THEIR SUGAR OR GLUCOSE MONITORED IN A TIMELY FASHION THE PROPORTION THAT ARE GETTING THAT CARE SUCCESSFULLY IS 74 PERCENT FOR OBESE PATIENTS COMPARED TO ONLY 62 PERCENT FOR NORMAL WEIGHT PATIENTS." VIDEO B-ROLL PATIENT HAVING BLOOD DRAWN AUDIO VO RESEARCHERS FOUND IT WAS ALMOST THE SAME PERCENTAGE FOR DIABETIC PATIENTS WHEN IT CAME TO TIMELY CHOLESTEROL CHECKS. AUDIO SOT/FULL SUPER@ 1:25 VIRGINIA W. CHANG, M.D., PH.D.,- UNIVERSITY OF PENNSYLVANIA RUNS :10 "THOSE NUMBERS WERE 72 PERCENT FOR OBESE PATIENTS BUT ONLY 65 PERCENT FOR NORMAL WEIGHT PATIENTS SO THE OBESE PATIENTS WERE MORE LIKELY TO RECEIVE RECOMMENDED CARE." VIDEO B-ROLL PATIENT BEING EXAMINED AND GETTING ON SCALE RESEARCHERS SAY THESE FINDINGS MAY HELP TO UNDERSTAND DEATH ASSOCIATED WITH OBESITY IS NOT AS HIGH AS IT USED TO BE. "I THINK OUR RESULTS SUGGEST THAT PHYSICIANS MIGHT BE A LITTLE BIT MORE AGGRESSIVE IN MODIFYING RISK FACTORS FOR OBESE PATIENTS."

OCTOBER 15, 2010



IT'S A SLAP IN THE FACE. HER MEDICAL BILLS ARE THE LAST THING I SHOULD BE WORRYING ABOUT. I SHOULD KNOW THAT MY BABY IS BEING TAKEN CARE OF. KELLY BARNES HAS ENDURED THE UNIMAGINABLE FOR A MOTHER..SHE THOUGHT SHE WAS ABOUT TO HAVE TWINSBUT AT 30 WEEKS HEARTBREAK. (KELLY BARNES) "IT WAS BITTERSWEET BECAUSE I KNOW I SHOULD HAVE BEEN HEARING TWO CRIES." ONE BABY WAS GONETHEN HER SECOND BABY, KINSLEIGH, WAS BORN WITH SERIOUS HEART PROBLEMS. PROBLEMS THAT WOULD TEST HER ON EVERY LEVEL - ESPECIALLY WHEN, SHE SAYS, HER INSURANCE COMPANY, AETNA, HELD UP PAYING HUNDREDS OF THOUSANDS OF DOLLARS OF MEDICAL CHARGES. THE REASON WHY SHE SAYS WOULD BE THE BIGGEST SHOCK: THE NEWBORN BABY MIGHT HAVE BEEN SUFFERING FROM A PRE-EXISTING CONDITION. (KELLY BARNES). " I DON'T KNOW HOW SOMETHING COULD BE PRE-EXISTING IN A BABY . SO IT WAS VERY SHOCKING TO ME TO SEE SOMETHING LIKE THAT." KELLY'S LAWYER SAYS THE REASON FOR THE CLAIM HOLD-UP WAS ABSURD (TOM CALDWELL) "UNDER AETNA'S OWN DEFINITION, IN ORDER TO DENY FOR PRE-EXISTING CONDITION, THERE HAS TO BE MEDICAL ADVICE OR CARE THAT WAS RENDERED OR GIVEN. AND IN THIS CASE, OF COURSE, THAT WOULD BE REAL HARD, GIVEN THE FACT THE BABY WAS STILL IN THE WOMB." ABSURD OR NOT, THERE WOULD BE NO QUICK FIX. KELLY SAYS SHE CALLED AETNA FOR MONTHS HOPING FOR A SOLUTION. 18 15 "IT'S LIKE YOU'RE TALKING TO SOMEBODY WHO IS READING FROM A SCRIPT. THEY DON 'T HAVE ANSWERS FOR YOU BASED ON WHAT YOU'RE TELLING THEM." FINALLY, KELLY CONTACTED US. WE CALLED THE INSURANCE COMPANY. THEY CLAIMED THIS WAS ALL A SIMPLE "CODING ERROR" AND THAT THEY HAVE BEEN PAYING BACK HER CLAIMS ALL ALONG. KELLY SAYS THAT NO ONE EVER TOLD HER THAT. IN AN ODD TWIST, AETNA ACKNOWLEDGES THAT THEY NEVER INFORMED KELLY THAT THEY WERE PAYING. ONE THING IS FOR SURE: KELLY SAYS IT WASN'T UNTIL THE GETS ANSWERS CREW GOT INVOLVED THAT ALL THE COSTS WERE FINALLY PAID, JUST THIS WEEK. (KELLY BARNES- 16 36) "IT IS MY PERSONAL BELIEF THAT THEY WILL-- THEY DO THIS TO YOU, EXPECTING YOU TO NOT FOLLOW UP WITH IT. AND I'M SURE MOST PEOPLE DON'T." AND CONSUMER EXPERT DEANN FRIEDHOLM SAYS WHAT KELLY EXPERIENCED IS NOT UNCOMMON. DEANN FRIEDHOLM " IT REALLY MIGHT BE A CLERICAL ERROR. BUT LET'S-- I MEAN, LET'S FACE IT, IT'S IN THE COMPANY'S INTEREST TO-- NOT PAY BILLS. THE FEWER BILLS THAT THEY PAY, THE BETTER THEIR BOTTOM LINE IS. (CUOMO): THIS CASE IS OUTRAGEOUS ON ITS FACE (FRIEDHHOLM): YEAH (CUOMO): " BUT TO YOU NOT UNUSUAL" (FRIEDHOLM): "WELL THE ISSUE OF NOT BEING - NOT HAVING THINGS COVERED AND HAVING TO FIGHT THE INSURANCE COMPANY TO GET THINGS COVERED THAT SHOULD HAVE EASILY BEEN COVERED IS NOT NEW TO US" (AETNA SENT US THIS STATEMENT WHICH SAYS.. ) KINSLEIGH STILL NEEDS HEART OPERATIONS. AETNA SAYS THEY WILL BE PAYING FOR THOSEAND WE WILL MAKE SURE THEY DO. TAG: FOLLOWING OUR INVESTIGATION, AETNA APOLOGIZED TO KELLY. WHAT'S THE LESSON HERE? LOOK AT YOUR EXPLANATION OF BENEFITS FORM VERY CAREFULLY. QUESTION EVERYTHING. IF IT DOESNT LOOK RIGHT ASK. LIKE KELLY, DON 'T GIVE UP FIGHTING. YOU HAVE TO CHALLENGE THE COMPANIES AND BE PERSERVERENT . EXPERTS SAY WHEN YOU TALK TO THE INSURANCE COMPANIES TRY TO DO IT ONLINE BECAUSE YOU CAN GET A RECORD OF THE CONVERSATION ONLINE AND THIS IS REALLY HELPFUL.

LEE COUNTY DEPUTIES HAVE ARRESTED ONE OF RHODE ISLAND'S MOST WANTED FUGITIVES ON AN OUTSTANDING WARRANT. ACCORDING TO U-S MARSHALLS JOSEPH KING WAS POSING AS A PERSONAL TRAINER AT A LEE COUNTY GYM. KING WAS CONVICTED OF SEXUAL ASSAULT IN 19-99 AND IS WANTED IN RHODE ISLAND FOR FAILING TO APPEAR IN COURT. AUTHORITIES SAY HE WILL BE RETURNED TO RHODE ISLAND PENDING EXTRADITION.

OCTOBER 16, 2010

NOTHING

OCTOBER 17, 2010

NOTHING

OCTOBER 18, 2010

LENGTH-00:28      ISSUE-CRIME 1      SHOW TIME-11:00

A MANATEE COUNTY MAN IS BEHIND BARS, NEARLY A MONTH AFTER DEPUTIES SAY HE ATTEMPTED TO KIDNAP AND SEXUALLY ASSAULT A WOMAN. INVESTIGATORS SAY LESLIE HAMMOCK FORCED A WOMAN INTO HIS VAN AT KNIFE POINT, DROVE TO A LOCATION AND DRAGGED HER INTO A WOODED AREA. HAMMOCK THEN ATTEMPTED TO REMOVE THE WOMAN'S CLOTHES, BUT LOST HIS BALANCE. THE VICTIM USED THE OPPORTUNITY TO RUN AWAY, BUT NOT BEFORE HE SLASHED HER WITH HIS KNIFE. LESLIE HAMMOCK FACES ARMED KIDNAPPING, ATTEMPTED SEXUAL BATTERY AND BATTERY CHARGES.

OCTOBER 19, 2010

LENGTH-00:50      ISSUE-HEALTH 5      SHOW TIME-SUNRISE

THE FOOD AND DRUG ADMINISTRATION IS WARNING AN IOWA EGG COMPANY ... THAT IT COULD BE SHUT DOWN... IF IT DOESN'T CLEAN UP ITS ACT ... AFTER HAVING HUNDREDS OF

MILLIONS OF EGGS RECALLED THIS SUMMER. THE F-D-A IS URGING THE OWNER OF IOWA'S WRIGHT COUNTY EGG,..... TO TAKE AGGRESSIVE ACTIONS TO ELIMINATE SALMONELLA CONTAMINATION .... THOUGHT TO HAVE SICKENED 16-HUNDRED PEOPLE THIS YEAR. THE FDA SAYS IT WILL REINSPECT THE FARM ... AND COULD SEIZE PRODUCTS OR SHUT DOWN THE COMPANY ... IF CORRECTIVE ACTION HASN'T BEEN TAKEN. THE COMPANY HASN'T BEEN ALLOWED TO SELL SHELL EGGS ... SINCE SALMONELLA WAS LINKED TO THE FARMS IN AUGUST. MEANWHILE, THE FDA HAS INFORMED HILLANDALE FARMS, ALSO INVOLVED IN THE EGG RECALL, THAT IT COULD RESUME SELLING EGGS. THE OK CAME AFTER AN ON-SITE INSPECTION

LENGTH-00:47                      ISSUE-CRIME    1                      SHOW TIME-SUNRISE

A SUNCOAST MAN ....WHO LED AUTHORITIES ON A CHASE ALL OVER A GOLF COURSE LAST JUNE....FLEES FROM DEPUTIES, AGAIN! ISSA ALYAN IS BEHIND BARS THIS MORNING. SARASOTA COUNTY DEPUTIES ....WHO HAD SET UP SURVEILLANCE ON HIM BECAUSE OF ACTIVE WARRANTS....SAY THEY TRIED TO PULL HIM OVER .... THIS TIME AFTER SEEING HIM CARRY GUNS INTO HIS CAR. ALYN SPOTTED THE DEPUTIES ...AND FLED. HE DROVE THROUGH THE EXIT GATE ... AT THE HERON LAKE SUBDIVISION.....CAUSING TWO-THOUSAND DOLLARS IN DAMAGES. THE CHASE CAME TO AN END .... EAST OF I-75 ON CLARK ROAD ... AFTER DEPUTIES USED STOP STICKS TO FLATTEN ALYAN'S TIRES . ALYAN THEN TOOK RUNNING ... UNTIL HE WAS APPREHENDED BY DEPUTIES. A LOADED MACHINE GUN AND A HUNTING KNIFE WERE FOUND INSIDE HIS CAR.

LENGTH-00:26                      ISSUE-CRIME    1                      SHOW TIME-SUNRISE

BRADENTON POLICE ARE INVESTIGATING A HOMICIDE FROM THIS WEEKEND...IT HAPPENED EARLY SATURDAY MORNING..INVESTIGATORS SAY RESIDENTS FOUND 32 YEAR OLD CLARENCE GASKINS LYING DEAD ... IN THE YARD OF A HOME ...IN THE 14-HUNDRED BLOCK OF 23RD STREET EAST. POLICE AREN'T SURE HOW GASKINS DIED. BUT THEY DO SUSPECT FOUL PLAY.

LENGTH-00:44                      ISSUE-HEALTH    5                      SHOW TIME-12:00

DO YOU JUST HATE GETTING NEEDLES? A NEW FLU PATCH COULD TAKE THE STING OUT OF YOUR FEAR OF GETTING VACCINATED.1 LIKE A BAND-AID, THE PATCH, THE SIZE OF A PENNY, IS PLACED ON THE SKIN. ATTACHED TO THE PATCH ARE HUNDREDS OF MICROSCOPIC NEEDLES THAT BARELY PENETRATE THE SKIN BEFORE THEY DISSOLVE AND RELEASE THEIR

VACCINE. 1,2 IN TESTS ON MICE, THE MICRO NEEDLES DELIVERED JUST THE RIGHT DOSE OF FLU VACCINE TO PROTECT THEM AGAINST GETTING SICK. 1,2 SOME MEDICATIONS ARE ALREADY DELIVERED BY PATCHES, LIKE, NICOTINE FOR PEOPLE WHO WANT TO QUIT SMOKING. THE BENEFIT IS THAT ANYONE--NOT JUST A TRAINED MEDICAL PROFESSIONAL-- CAN ADMINISTER THE MEDICATION. 2 THE NEXT STEP FOR THE FLU PATCH IS HUMAN TESTING. IF IT PROVES TO WORK AS WELL IN US AS IT DOES IN MICE, SCIENTISTS SAY THE PATCH COULD BE AVAILABLE IN FIVE YEARS. 2 THOUGH THE GOVERNMENT RECOMMENDS EVERYONE 6 MONTHS AND OLDER GET VACCINATED--MANY DON'T. THIS PAINLESS ALTERNATIVE MAY BE THE ENCOURAGEMENT THEY NEED.

LENGTH- 00:35      ISSUE-CRIME 1    SHOW TIME-6:00

SARASOTA COUNTY SHERIFF'S INVESTIGATORS NEED YOUR HELP FINDING AN ATTEMPTED ARMED ROBBERY SUSPECT... TAKE A LOOK AT THESE JUST RELEASED SURVEILLANCE PICTURES. DETECTIVES SAY THE MAN TRIED TO ROB A WOMAN AT THE BANK OF AMERICA A-T-M ON BEE RIDGE ROAD IN SARASOTA...THE MAN RAN OFF WITHOUT GETTING ANY CASH -- AND THE VICTIM ESCAPED UNHARMED. DEPUTIES SAY HE'S ABOUT 5-FOOT-3, AND WAS WEARING DARK CLOTHING AND A WHITE HAT. THEY ALSO BELIEVE HE HAD A GUN...

LENGTH-01:16      ISSUE-HEALTH 5      SHOW TIME-6:00

CHERYL LAUZON WAS DIAGNOSED WITH AN INCURABLE BLOOD CANCER 11 YEARS AGO.I HAD MY BIRTHDAY THE OTHER DAY I WAS SO EXCITED, BECAUSE I JUST DIDN'T KNOW IF I WOULD BE HERE." AFTER USING THE WELLNESS COMMUNITY AS A SUPPORT SYSTEM, SHE NOW MENTORS OTHERS WHO ARE NEWLY DIAGNOSED."THE FEAR OF THE UNKNOWN IS SO TERRIFYING AND THOSE FEARS ARE DISPELLED WHEN YOU LEARN THAT MANY PEOPLE HAVE GONE THROUGH THE SAME THING."OFFICIALS, SURVIVORS AND VOLUNTEERS CELEBRATING THE OPENING OF THE BRAND NEW HEALING FACILITY IN LAKEWOOD RANCH. THE MORE THAN 11 THOUSAND SQUARE FOOT FACILITY DOES NOT MEDICALLY TREAT CANCER PATIENTS. IT PROVIDES HOPE, EDUCATION AND SUPPORT TO PATIENTS AND THEIR FAMILIES."PEOPLE THAT HAVE A BETTER SUPPORT SYSTEM, LESS STRESS JUST MORE HAPPINESS IN THEIR LIVES,THEY TEND TO TOLERATE TREATMENTS BETTER THEY HEAL BETTER, THE TEND TO HAVE A BETTER OVERALL OUTLOOK ON LIFE. THEY OFFER CLASSES IN ORGANIC COOKING, YOGA ALONG WITH COUPLES SUPPORT GROUPS. IT'S AN OPTIMAL HEALING ENVIRONMENT, COMBINING ART DESIGN AND NATURE IN A "GREEN" FACILITY TO SUPPORT PEOPLE WITH COMPROMISED IMMUNE SYSTEMS."IT'S A PLACE OF HOPE, THATS REALLY BEEN THE MESSAGE FROM THE BEGINNING. THE BIG ARCH IS LIKE A RAINBOW A SYMBOL OF HOPE A SYMBOL OF PERMANENCE, A PLACE TO COME AND BE TAKEN CARE OF AND HEALED." THERE ARE EIGHT PINE TREE TRUNKS SUPPORTING THE STRUCTURE. THE TREES WERE HARVESTED ABOUT A HUNDRED YEARS AGO, BUT DURING TRANSPORT THEY SUNK TO THE BOTTOM OF THE SUWANNEE RIVER. A COMPANY RECOVERED THEM, AND NOW THE FIVE HUNDRED YEAR OLD TREES ARE A SYMBOL OF PERMANENCE. THERE'S NO OTHER

PLACE ON THIS EARTH THAT CAN GIVE THE EMOTIONAL SUPPORT AND IT'S FREE. IT'S A GIFT.

LENGTH-00:36      ISSUE-CRIME   1   SHOW TIME-11:00

A CHARLOTTE COUNTY FATHER IS ARRESTED AFTER THREATENING TO BLOW UP HIS CHILD'S SCHOOL. 28-YEAR-OLD JASON BEACH IS CURRENTLY HELD WITHOUT BOND AT THE CHARLOTTE COUNTY JAIL. STAFF MEMBERS AT DEEP CREEK ELEMENTARY SAY BEACH SHOWED UP AT THE SCHOOL THIS AFTERNOON TO CHECK-OUT HIS SON FOR AN APPOINTMENT. EMPLOYEES SAY HE WAS ANGRY AFTER LEARNING SOMEONE AT THE SCHOOL HAD CALLED D-C-F AFTER NOTICING A BURN MARK ON HIS SON'S ARM. OFFICIALS SAY BEACH THREATENED TO BLOW UP THE SCHOOL -- BUT LATER CLAIMED HE WAS ONLY JOKING. SCHOOL EMPLOYEES SAY BEACH HAS A HISTORY OF BEING AGGRESSIVE. HE IS CHARGED WITH THREAT TO DISCHARGE A DESTRUCTIVE DEVICE.

OCTOBER 20, 2010

LENGTH-00:41      ISSUE-CRIME   1   SHOW TIME-12:00

TWO HILLSBOROUGH COUNTY DETENTION DEPUTIES WERE INJURED .... WHILE STRUGGLING WITH AN INMATE .... WHO REPORTEDLY TRIED TO ESCAPE. 28-YEAR-OLD JACKIE RANDALL JR. ... WAS BEING ROLLED OUT OF MEDICAL OFFICE IN A WHEELCHAIR YESTERDAY....WHEN HE JUMPED UP WHILE STILL SHACKLED .... AND STARTED TO RUN AWAY. DEPUTIES CHASED HIM DOWN .... AND DURING THE STRUGGLE.... RANDALL REPORTEDLY PULLED A GUN .... FROM ONE OF THE DEPUTIES HOLSTERS. ONE OF THE OFFICERS HIT RANDALL IN THE HEAD WITH A BATON. HE WAS TAKEN TO A TAMPA HOSPITAL, WHERE HE IS IN STABLE CONDITION. THE DEPUTIES WERE ALSO TAKEN TO A HOSPITAL IN BRANDON.... THEIR INJURIES ARE MINOR.

LENGTH-00:53      ISSUE-HEALTH   5   SHOW TIME-5:00

TATTOOS CAN BE A WORK OF ART, A FORM OF EXPRESSION OR A BY-PRODUCT OF YOUNG REBELLION. JENNA MAHON (PRONON: MAH-HAN) HAD FOUR TATTOOS BEFORE SHE WAS TWENTY. NOW AT THIRTY, SHE WANTS TO GET RID OF MOST OF THEM. "IT WAS NICE WHEN I WAS YOUNGER BUT NOW I HAVE KIDS, AND I'M TRYING TO BE A LITTLE MORE PROFESSIONAL." WITH LASERS, DOCTORS CAN ELIMINATE SOME OF EVIDENCE OF JENNA'S YOUTHFUL ENTHUSIASM. YEARS AGO THE ONLY OPTIONS WERE TO CUT OUT OR SAND OFF A

TATTOO, LEAVING PERMANENT SCARS. NOW PLASTIC SURGEONS ERASE THEM WITH INTENSE BEAMS OF LIGHT. "IT PROVIDES A CERTAIN AMOUNT OF HEAT, WHICH BREAKS UP THE TATTOO PIGMENTS." SINGLE-COLOR BLACK OR BLUE TATTOOS ARE THE EASIEST TO TAKE OFF. "THE LASERS HAVE AN EASIER TIME PICKING UP THE DARKER COLORS THAN THEY DO THE LIGHTER COLORS." AND THEY DON'T MAGICALLY DISAPPEAR. SOMETIMES IT TAKES MONTHS EVEN YEARS FOR A TATTOO TO FADE AWAY. THE PROCEDURE IS PAINFUL, SO JENNA SAYS THINK BEFORE YOU USE YOUR BODY AS A CANVAS. "YOU SHOULD PUT A PICTURE BY YOUR BED OF THE TATTOO YOU WANT, WAKE UP EVERY MORNING, LOOK AT IT FOR TWO TO THREE WEEKS AND IF YOU'RE NOT SICK OF IT BY THEN, IT'S PROBABLY THE TATTOO FOR YOU."

LENGTH-00:38      ISSUE-CRIME   1      SHOW TIME-6:00

THE SARASOTA COUNTY SHERIFF'S OFFICE RESPONDED TO FIVE DIFFERENT INCIDENTS IN THE DESOTO LAKES COMMUNITY FROM AUGUST THROUGH NOW. ACCORDING TO THE REPORTS-- THE VICTIM'S CAME HOME TO FIND THEIR DOORS KICKED IN. IN ALL BUT ONE CASE-- THE REPORTS STATE THIEVES TOOK ITEMS JEWELRY, ELECTRONICS, AND EVEN GUNS. OFFICIALS SAY THINGS LIKE HOME ALARM SYSTEMS AND DOORS THAT OPEN OUT RATHER THAN IN ARE A FEW EASY WAYS TO WARD OFF THIEVES... BUT ULTIMATELY-- THE BEST WAY TO COMBAT CRIMES LIKE THIS IS TO BE AWARE OF WHAT'S GOING ON IN YOUR NEIGHBORHOOD. IN SOME OF THESE CASES WE FIND OUT AFTER THE FACT THAT NEIGHBORS MAY HAVE SEEN SOMETHING OUT OF THE ORDINARY OR SOMEONE WHO CLEARLY DIDN'T BELONG IN THEIR NEIGHBORHOOD SO PEOPLE SHOULD ALWAYS BE VIGILANT AND REPORT THINGS OR PEOPLE THAT SEEM OUT OF PLACE BEFORE ANYTHING BAD HAPPENS

LENGTH-00:44      ISSUE-CRIME   1      SHOW TIME-SUNRISE

A BOCA RATON COUPLE FACING CHARGES .... AFTER ALLOWING MINORS TO DRINK AT A HOMECOMING PARTY. PAUL AND INGRID PAOLINO WERE ARRESTED SUNDAY ... AFTER BOCA RATON POLICE WERE CALLED TO A FIGHT OUTSIDE THEIR HOME. OFFICERS SAID WHEN THEY ARRIVED....THEY DIDN'T FIND A FIGHT. BUT THEY DID SEE ABOUT 50 PEOPLE...ALL UNDER 21... DRINKING BEER FROM CUPS, AND A KEG IN THE BACK YARD. A COUPLE PARENTS DECIDED TO HOST A HOMECOMING PARTY, HAVE THEIR KIDS THERE, AND THERE WAS ALCOHOL, AND THE PARENTS ONCE AGAIN GOT ARRESTED FOR HAVING AN OPEN HOUSE PARTY WITH KIDS DRINKING. ANOTHER BOCA RATON COUPLE WAS ARRESTED ON THE SAME CHARGES ONE WEEKEND EARLIER. POLICE SAID HUNDREDS OF MINORS ATTENDED THAT PARTY.

LENGTH-00:28      ISSUE-CRIME   1      SHOW TIME-NOON

MANATEE COUNTY DEPUTIES ASKING FOR HELP IN FINDING A CAR THIEF. THEY SAY THIS MAN .... 42-YEAR-OLD BRADY SPRAGUE ... HAS A HISTORY OF STEALING VEHICLES .... USING HIS TOW TRUCK. HERE'S A PICTURE OF HIS DODGE RAM PICK-UP TRUCK THAT HE TURNED INTO A TOW TRUCK. CURRENTLY, HE'S WANTED ON THREE COUNTS OF GRAND THEFT AUTO. IF YOU'VE SEEN SPRAGUE, HIS TRUCK,...

LENGTH-00:46      ISSUE-HEALTH   5   SHOW TIME- 12:00

HOW MUCH WATER DO I NEED? HOW MUCH WATER SHOULD YOU DRINK EACH DAY? MOST PEOPLE WILL TELL YOU THAT YOU NEED 8 - 8OUNCES GLASSES. BUT THE ANSWER REALLY DEPENDS ON YOU. OUR BODIES ARE MADE UP OF OVER 60% WATER AND ALL THE SYSTEMS IN OUR BODY REQUIRE WATER IN ORDER TO THRIVE. WATER HELPS FLUSH TOXINS OUT OF VITAL ORGANS, CARRIES NUTRIENTS TO OUR CELLS AND PROVIDES A MOIST ENVIRONMENT FOR EAR, NOSE AND THROAT TISSUES. WITHOUT PROPER AMOUNTS OF WATER IN OUR BODY, WE CAN DEVELOP A CONDITION CALLED DEHYDRATION WHICH, IF NOT TREATED CAN CAUSE SERIOUS PROBLEMS. SO IT'S IMPORTANT TO STAY HYDRATED AND WATCH FOR SIGNS OF DEHYDRATION INCLUDING FEELING FAINT AND DISORIENTED. BUT WHEN IT COMES TO RECOMMENDATIONS ABOUT DAILY WATER REQUIREMENTS, THE ANSWERS VARY ACCORDING TO THESE FACTORS: YOUR OVERALL HEALTH, WHERE YOU LIVE, AND HOW PHYSICALLY ACTIVE YOU ARE. IT'S ALSO IMPORTANT TO KNOW THAT WE FILL UP OUR SUPPLY FOR WATER IN A NUMBER OF WAYS THROUGH THE FOODS AND BEVERAGES WE EAT AND DRINK DAILY.

LENGTH-00:33      ISSUE-CRIME   1   SHOW TIME-12:00

A VENEZUELAN MAN....LIVING IN THE U-S ILLEGALLY ....I ARRESTED ON CHILD PORNOGRAPHY CHARGES...SARASOTA COUNTY SHERIFF'S DEPUTIES ....ARRESTING 32-YEAR-OLD LUIS ROSAS..INTERNET CRIME DETECTIVES SAY ....HE WAS USING HIS NEIGHBOR'S WIRELESS INTERNET... TO DOWNLOAD CHILD PORNOGRAPHY. HE FACES ONE COUNT OF POSSESSION OF CHILD PORNOGRAPHY. IN THE MEANTIME -- IMMIGRATION AND CUSTOMS OFFICIALS.... HAVE BEEN ORDERED TO DETAIN HIM IN THE SARASOTA COUNTY JAIL.... UNTIL FURTHER ACTION IS TAKEN.

LENGTH-01:09      ISSUE-CRIME   1   SHOW TIME-12:00

NEIGHBORS IN ONE SARASOTA COMMUNITY ....ARE VOWING TO LOOK OUT FOR EACH OTHER

AFTER A RASH OF ROBBERIES. SINCE AUGUST 1ST.. BURGLARS HAVE BROKEN INTO FIVE DIFFERENT HOMES IN THE DESOTO LAKES NEIGHBORHOOD .AND EACH ROBBERY HAD ONE COMMON THREAD... ACCORDING TO SARASOTA COUNTY SHERIFF'S REPORTS .... THE VICTIM'S CAME HOME ... TO FIND THEIR DOORS KICKED IN. IN ALL BUT ONE CASE--... THIEVES TOOK ITEMS LIKE JEWELRY, ELECTRONICS, AND EVEN GUNS. OFFICIALS SAY THINGS LIKE HOME ALARM SYSTEMS .... AND DOORS THAT OPEN OUT RATHER THAN IN .... ARE A FEW EASY WAYS TO WARD OFF THIEVES. BUT ULTIMATELY-- THE BEST WAY TO COMBAT CRIMES LIKE THIS ..IS TO BE AWARE OF WHAT'S GOING ON IN YOUR NEIGHBORHOOD.A LOT OF PEOPLE NOW ARE JUST REALLY KEEPING AN EYES ON EACH OTHERS HOUSES THEY KNOW WHEN PEOPLE ARE GONE AND WHEN THERE'S ANYTHING UNUSUAL GOING ON THEY GO CHECK IT OUT AND IF SOMEONE COMES UP TO THE HOUSE THAT THEY DON'T RECOGNIZE THEY KIND OF NOTICE IT AND STUFF NOW THE SHERIFF'S OFFICE SAYS THIS IS AN ACTIVE INVESTIGATION. AND THEY CAN'T COMMENT ON WHETHER OR NOT THEY HAVE ANY SUSPECTS OR LEADS.

LENGTH-00:32            ISSUE-CRIME    1            SHOW TIME-12:00

CHARLOTTE COUNTY DEPUTIES .... ARE INVESTIGATING 42-HUNDRED DOLLARS IN DAMAGES TO THE SALVATION ARMY THRIFT STORE IN PORT CHARLOTTE. THEY SAY SOMEONE DISMANTLED THE AIR CONDITIONING UNIT OUTSIDE THE BUILDING .... AND STOLE THE COPPER FROM INSIDE. THEY ALSO DAMAGED AND EXTERIOR WALL AND A SHED ON THE PROPERTY... IN AN ATTEMPT TO GET INSIDE THE BUILDING. DETECTIVES DID FIND FINGERPRINTS AND SHOE PRINTS IN THE AREA...

LENGTH-00:46            ISSUE-EDUCATION    10            SHOW TIME-5:00

THE STATE COLLEGE OF FLORIDA SAYS IT'S EXPANDING TO RESPOND TO THE COMMUNITY'S NEEDS. THE COLLEGE IS LOOKING TO ADD FOUR YEAR DEGREE PROGRAMS IN EDUCATION-- MARINE INDUSTRY MANAGEMENT-- TECHNOLOGY MANAGEMENT-- ATHLETIC TRAINING-- AND INTERNATIONAL BUSINESS AND TRADE. THE STATE ALREADY APPROVED FOUR OTHER BACHELOR DEGREE PROGRAMS THAT ARE PLANNED TO START IN 2011. SCHOOL OFFICIALS SAY THE ADDITION OF THE NEW PROGRAMS NOT ONLY BENEFITS STUDENTS-- IT ALSO BENEFITS OUR COMMUNITY.A LOT OF THE STUDENTS... IN OUR COMMUNITY

LENGTH-01:52            ISSUE-HEALTH       5            SHOW TIME-5:00



SURGERY IS ABOUT TO BEGIN AT THIS V-A HOSPITAL IN MICHIGAN. : " SO WE'LL NEED A PATCH IN THE ROOM, DO WE HAVE A PATCH AVAILABLE.?" THE ENTIRE MEDICAL TEAM HAS BEEN TRAINED TO COMMUNICATE ABOUT THE CASE AND THE PATIENT BEFORE, DURING AND AFTER THE OPERATION. ARE THERE ANY CONCERNS OR QUESTIONS FROM THE TEAMANYBODYNO?" VA NATIONAL CENTER FOR PATIENT SAFETY" ONE OF THE KEY ELEMENTS HERE WAS FLATTENING THE HIERARCHY IN THE OPERATING ROOM SO THAT EVERYBODY, THE SCRUB TECH, THE NURSE, THE SURGEON, THE ANESTHESIOLOGIST, WHOMEVER IT IS IN THE OPERATING ROOM COULD BRING UP ANY CONCERNS THEY HAD ABOUT THE PATIENT." VA NATIONAL CENTER FOR PATIENT SAFETY" BETTER COMMUNICATIONS BY BRIEFINGS AND DEBRIEFINGS THAT ARE GUIDED BY CHECKLISTS ENHANCE TEAMWORK. THE PEOPLE WORK TOGETHER AS A TEAM, NOT AS INDIVIDUAL ENTITIES HAS A GOOD EFFECT, A GOOD IMPACT ON PATIENT OUTCOMES." DR. JAMES BAGIAN AND NURSE JULIA NEILY FROM THE V-A NATIONAL CENTER FOR PATIENT SAFETY AND CO-AUTHORS STUDIED PROCEDURES DONE AT 108 V-A HOSPITALS FROM 2006 TO 2008. MEDICAL TEAMS AT 74 HOSPITALS RECEIVED TRAINING INCLUDING TWO MONTHS OF PREPARATION, A ONE DAY CONFERENCE AND A YEAR OF FOLLOWUP COACHING. TEAMS AT 34 OTHER FACILITIES DID NOT. SOT/FULL JULIA NEILY, R.N., M.S., M.P.H. - VA NATIONAL CENTER FOR PATIENT SAFETY" THE GROUP THAT HAD THE TRAINING INITIALLY HAD A 50 PERCENT GREATER REDUCTION IN THEIR MORTALITY RATE AND THAT WAS GREATER REDUCTION THAN THE CONTROL GROUP, THE GROUP THAT DIDN'T HAVE THE TRAINING INITIALLY." THE STUDY APPEARS THIS WEEK IN JAMA, JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION." THE MORE TRAINING FOLLOW-UP IN THE PROGRAM THAT THE SITES RECEIVED THE GREATER WAS THE REDUCTION IN THE MORTALITY." .WERE THERE ANY DIFFICULTIES OR ANYTHING FOR ANESTHESIA...NO?" RESEARCHERS SAY WHILE SOME INITIALLY BALKED AT THE TRAINING THEY NOW EMBRACE THE ENTIRE PROCESS BECAUSE OF THE POSITIVE IMPACT IT HAD ON THE TEAM AND THE PATIENTS. " WE SAW O-R EFFICIENCY INCREASE, BETTER UTILIZATION OF MATERIAL AND TIME, MORE CASES BEING DONE IN LESS TIME AND THESE DON'T COST ANY ADDITIONAL MONEY AND YET YOU HAVE BETTER PRODUCTIVITY AND BETTER CARE, HOW CAN YOU FIGHT THAT?"

LENGTH-00:35

ISSUE-CRIME 1

SHOW TIME-5:00

FEDERAL FLORIDA OFFICIALS CHARGING THE COUNTRY'S LARGEST CHAIN OF COMMUNITY MENTAL HEALTH CENTERS WITH MEDICARE FRAUD ...FOR REPORTEDLY OVERCHARGING DEMENTIA PATIENTS. COURT DOCUMENTS ALLEGE THE MIAMI-BASED COMPANY, AMERICAN THERAPEUTIC CORPORATION... BILLED MEDICARE \$200 MILLION DOLLARS IN A SCAM THAT ALTERED PATIENT FILES SO THEY COULD CHARGE FOR MORE SERVICES. DOCUMENTS SAY THE COMPANY PAID OWNERS OF ASSISTED LIVING CENTERS AND HALFWAY HOUSES TO FORCE PATIENTS TO ATTEND PROGRAMS AT THEIR SEVEN MENTAL HEALTH CENTERS. SOME PATIENTS ALSO PROVIDED THEIR MEDICARE NUMBERS...WHILE OTHERS WERE "NOT COHERENT ENOUGH" TO DEMAND KICKBACKS. AN EMPLOYEE TIP PROMPTED THE INVESTIGATION BY THE DEPARTMENTS OF JUSTICE AND HEALTH AND HUMAN SERVICES.

LENGTH-00:30    ISSUE-CRIME    1    SHOW TIME-6:00

A SUNCOAST HIGH SCHOOL TEACHER IS FACING TERMINATION FOR QUESTIONABLE INTERACTIONS WITH HIS STUDENTS...CHARLES WILLIS -- A DRAMA TEACHER AT BRADEN RIVER HIGH SCHOOL -- IS CURRENTLY AWAITING TRIAL ON SEPARATE CHILD ABUSE CHARGES...MONDAY, MANATEE COUNTY SCHOOL BOARD OFFICIALS WILL MEET TO DISCUSS OTHER PROBLEMS WITH WILLIS -- INCLUDING POSTING INAPPROPRIATE MESSAGES ON HIS FACEBOOK AND TAKING EIGHT FEMALE STUDENTS ON A NON SCHOOL SPONSORED TRIP TO NEW YORK DURING SPRING BREAK. WILLIS HAS BEEN EMPLOYED WITH THE SCHOOL DISTRICT SINCE 1998.

OCTOBER 22, 2010

LENGTH-01:09    ISSUE-HEALTH    5    SHOW TIME-SUNRISE

C-D-C RESEARCHERS WARN... THAT IF NOTHING IS DONE TO IMPROVE AMERICANS' HEALTH HABITS... AND ADDRESS THE OBESITY EPIDEMIC... THE NUMBER OF DIABETICS COULD SKYROCKET BY THE YEAR 2050. TODAY'S STUDY SHOWS... ONE IN TEN AMERICAN ADULTS HAS TYPE-TWO DIABETES NOW. THE DIRE PREDICTION IS... ONE IN THREE ADULTS COULD HAVE THE BLOOD-SUGAR DISORDER... JUST FORTY-YEARS FROM NOW. BECAUSE THE POPULATION IS GETTING OLDER, BECAUSE THE POPULATION IN GENERAL IS OBESE AND BECAUSE THE DEMOGRAPHICS OF THE POPULATION, THE RACIAL MAKEUP IS CHANGING, THE RATE OF DIABETES IS GOING TO GO UP DRAMATICALLY." DOCTORS HAVE BEEN PUSHING HEALTHY DIETS AND EXERCISE ROUTINES... TO FIGHT OBESITY... AND THE RISKS OF DIABETES. C-D-C RESEARCHERS SAY PREVENTION PROGRAMS ARE VITAL... TO PREVENT A DIABETES EPIDEMIC AND CONTROL HEALTH CARE COSTS. DIABETES IS THE SEVENTH LEADING KILLER IN THIS COUNTRY AND IT ACCOUNTS FOR 170-BILLION DOLLARS IN HEALTH CARE EXPENDITURES. IF YOU HAVE DIABETES, YOUR HEALTH CARE COST WILL MORE THAN DOUBLE THOSE OF SOMEONE WHO DOESN'T HAVE DIABETES." ANOTHER ALARMING STATISTIC: 285-MILLION PEOPLE WORLDWIDE ARE DIABETIC TODAY. BY 2030, THAT NUMBER IS PREDICTED TO BE 435-MILLION PEOPLE. THAT'S WHY PUBLIC HEALTH EXPERTS FROM THE C-D-C AND OTHER AGENCIES... HAVE BEEN CALLING ATTENTION TO DIABETES, ITS WARNING SIGNS, RISKS AND COMPLICATIONS. AND THOSE COMPLICATIONS ARE SERIOUS... INCLUDING DIABETES AND KIDNEY FAILURE .

LENGTH-00:54    ISSUE-CRIME    1    SHOW TIME-12:00

POLICE IN SARASOTA ARE INVESTIGATING A SHOOTING....THAT LEFT ONE MAN DEAD OVER NIGHT. AROUND 9:45 LAST NIGHT, OFFICERS IN NORTH SARASOTA... FOUND A MAN LYING

IN A PARKING LOT.... NEAR THE INTERSECTION OF U-S 301 AND 30TH STREET. THE MAN HAD BEEN SHOT. OFFICERS AND EMS PERSONNEL TRIED TO SAVE THE HIM ...BY PERFORMING CPR. I'M PROUD OF MY OFFICERS IN THAT THEY ACUTALLY ARRIVED ON THE SCENE BEFORE THE 911 CALL WAS DISPATCHED, THEY ATTEMPTED LIFESAVING MEASURES WITH THIS VICTIM, BUT UNFORTUNATELY THOSE EFFORTS WERE UNSUCCESSFUL. POLICE ARE INVESTIGATING THE INCIDENT AS HOMICIDE. OFFICERS HAVE INTERVIEWED SOME PEOPLE WHO WERE IN THE AREA , BUT BELIEVE THERE ARE MORE PEOPLE OUT THERE WITH INFORMATION IN THIS CASE. THE VICTIM HAS NOT BEEN POSITIVELY IDENTIFIED YET.

LENGTH-01:07      ISSUE-EDUCATION   10    SHOW TIME-12:00

THE NUMBER OF CHARTER SCHOOLS IN SARASOTA COUNTY COULD BE GROWING. THERE ARE TEN RIGHT NOW -- AND PLANS FOR THREE MORE ARE IN THE WORKS. CHARTER SCHOOLS ARE PUBLICLY FUNDED...NEXT MONTH THE SARASOTA COUNTY SCHOOL BOARD WILL VOTE ON WHETHER TO ALLOW THREE NEW SCHOOLS INTO THE DISTRICT. ONE OF WHICH COULD ACTUALLY BECOME THE CITY OF NORTH PORT'S SECOND HIGH SCHOOL. IMAGINE SCHOOL IS HOPING TO EXPAND -- THEY'VE SEEN THEIR ENROLLMENT INCREASE BY MORE THAN 200 STUDENTS IN JUST TWO YEARS. THEY HOPE THAT WITH A NEW CHARTER SCHOOL, THEY COULD BEGIN OFFERING CLASSES NEXT YEAR FOR 9TH GRADERS. "THERE IS ONLY ONE HIGH SCHOOL IN THE NORTH PORT AREA. I THINK CHOICE IN GENERAL MAKES EVERYONE BETTER. I THINK ALSO THE PARENTS HAVE SHOWN THEY WANT EXPANDED CHOICE IN THIS AREA." SARASOTA COUNTY SCHOOL BOARD MEMBERS ARE CONSIDERING TWO OTHER SCHOOLS AS WELL. ONE APPLICATION BY THE SOUTH COUNTY YMCA WILL FOCUS ON HELPING STUDENTS WHO NEED A LITTLE MORE EXERCISE IN THEIR CURRICULUM. ANOTHER WILL FOCUS ON RUSSIAN LANGUAGE IN NORTH PORT'S LARGE UKRAINIAN POPULATION.

LENGTH-01:17      ISSUE-CRIME   1    SHOW TIME-5:00

BY MOST ACOUNTS, TWENTY YEAR-OLD DANROY "DJ" HENRY LED A PEACFUL LIFE THAT CAME TO A VIOLENT, SUDDEN END EARLY SUNDAY MORNING. THAT'S WHEN THE PACE UNIVERSITY FOOTBALL PLAYER WAS SHOT AND KILLED BY POLICE OUTSIDE A BAR IN THRONWOOD, NEW YORK. SOT DANROY HENRY SR. WHILE WE KNOW THERE WILL BE LOTS OF VERSIONS, LOTS OF STORIES THAT COME OUT, WE JUST, WE'RE JUST TRYING TO GET TO THE ABSOLUTE TRUTH HERE. THE ABSOULTE TRUTH HAS BEEN HARD TO HARD TO COME BY. POLICE CLAIM THEY HAD TO USE DEADLY FORCE WHEN HENRY HIT TWO POLICE OFFICERS WHILE FLEEING IN THIS CAR. HENRY'S TEAMMATES INSIST HE WAS SIMPLY MOVING THE CAR OUT OF A FIRELANE, AS INSTRUCTED BY OFFICERS. HIS HOMESTATE SENATOR--SCOTT BROWN OF MASSACHUSETTS--SAYS D.J. WAS "A GOOD KID" WITH NO POLICE RECORD. SOT MASSACHUSETTS SENATOR SCOTT BROWN REGARDLESS OF WHO WAS AT FAULT THERE IS A LOSS OF LIFE. YOU KNOW, A YOUNG LIFE A BRIGHT LIFE IS LOST. SOME EYEWITNESSES CLAIM THE YOUNG MAN WAS NEGLECTED FOR UP TO 15 MINUTES AFTER HE WAS SHOT.

ACCORDING TO AN INVESTIGATOR, RECORDS SHOW HENRY GOT MEDICAL ASSISTANCE FROM OFFICERS WITHIN THREE TO FIVE MINUTES AFTER THE SHOOTING WAS FIRST REPORTED. SOT MOUNT PLEASANT POLICE CHIEF LOUIS ALAGNO: I AM TRULY TRULY REMORSEFUL FOR THIS EVENT.. IT IS A TRAGEDY. AUTHORITIES ARE LOOKING FOR A WITNESS: A BLONDE WOMAN WHO WAS GIVING HENRY CHEST COMPRESSIONS BEFORE OFFICERS TOOK OVER. MEANTIME, D-J'S FAMILY IS ASKING A JUDGE TO PRESERVE AND HAND OVER ALL EVIDENCE IN THE CASE. SOT ANGELLA HENRY OUR SON WAS FILLED WITH LOVE AND EMPATHY FOR PEOPLE AND HE PUT HIS FAMILY FIRST. STANDUP WINICK DJ HENRY WILL BE BURIED A WEEK FROM TOMORROW, THE SAME DAY HE WOULD HAVE TURNED 21 YEARS OLD.

LENGTH-00:43      ISSUE-HEALTH    1      SHOW TIME-5:00

KIDNEY STONES ARE ONE OF THE MOST PAINFUL UROLOGICAL DISORDERS BUT THERE ARE SOME THINGS YOU CAN DO TO PREVENT THEM. THE PREVALENCE OF KIDNEY STONES RISES DRAMATICALLY AS MEN ENTER THEIR 40S AND CONTINUES TO RISE INTO THEIR 70S. FOR WOMEN, THE PREVALENCE OF KIDNEY STONES PEAKS IN THEIR 50S. WHILE CERTAIN FOODS MAY PROMOTE STONE FORMATION IN PEOPLE WHO ARE SUSCEPTIBLE, SCIENTISTS DO NOT BELIEVE THAT EATING ANY SPECIFIC FOOD CAUSES STONES TO FORM. BUT HE SAYS YOU CAN MAKE SURE YOU'RE DRINKING PLENTY OF FLUIDS AND AVOID CERTAIN FOODS TO DECREASE THE RISK."YOU SHOULD STAY AWAY FROM HIGH-OXALATE THINGS. AND THOSE ARE YOUR ICED TEAS, NUTS, CHOCOLATES. THAT DOESN'T MEAN YOU CAN'T HAVE ANY OF THESE THINGS, BUT IT MEANS YOU SHOULD HAVE THEM IN MODERATION."DR. SABANEKH SAYS IF YOU DO END UP WITH ONE, THERE ARE MANY MEDICATIONS THAT CAN HELP YOU PASS THE STONES. AND IF THE STONE IS TOO BIG TO PASS ... IT CAN BE BROKEN UP DURING A SURGICAL PROCEDURE.

LENGTH-01:36      ISSUE-HEALTH    5      SHOW TIME-5:00

HUNCHING OVER KEYBOARDS AND PHONES SO MANY OF US DO IT ALL DAY. "By the middle of THE AFTERNOON YOU'RE EXHAUSTED. EYES STRAINED, BACK STRAINED." EVEN WORSE, ALL THAT SITTING COULD BE DEADLY "SMOKING AND SITTING TOO MUCH HAVE SOME STRIKING PARALLELS. IT'S GLOBAL, IT'S COMMON, AND IT'S HAZARDOUS." DR. HAMILTON MADE THE STUNNING DISCOVERY WITH LAB MICE. WHEN PREVENTED FROM RUNNING AROUND THEY PUT ON WEIGHT. THEY FOUND THAT BEING SEDENTARY TURNS OFF AN IMPORTANT CHEMICAL THAT BURNS FAT. AND JUST AS FRIGHTENING, PEOPLE SITTING LONGER THAN 6 HOURS A DAY ARE MORE LIKELY TO DIE FROM DIABETES, HEART DISEASE AND OBESITY. FOR MEN EIGHTEEN PERCENT MORE LIKELY, FOR WOMEN THIRTY-SEVEN PERCENT. (CARTOON GRAPHIC) SO WHAT'S GOING ON? WE USED TO BE ACTIVE HUNTER-GATHERERS, THEN CAME THE INDUSTRIAL REVOLUTION SLOWING US DOWN AS FACTORY WORKERS THEN THE TECHNOLOGICAL BOOM... PLANTING US BEHIND DESKS. THAT WAS ONCE THE CASE AT THE SALO COMPANY THAT I FIRST VISITED FOR 20/20 THERE'S ALWAYS AN ABUNDANCE OF FOOD. WE ALL LIKE THE REWARDS OF CANDIES, TREATS, SNACKS." DR JIM LEVINE: "THE ENTIRE COMPANY SPENT ITS DAY ON ITS BOTTOM." DEBORAH SOT: "LIKE A LOT OF COMPANIES." DR JIM LEVINE: "LIKE NEARLY EVERY COMPANY IN THE MODERN WORLD. SO

OBESEITY EXPERT, DR. JIM LEVINE, GOT THEM OFF THEIR SEATS WITH THE ULTIMATE OFFICE MAKEOVER - DESKSON TREADMILLS. "THIS IS SIMPLE. IT'S AS EASY AS WALKING AND CHEWING GUM." AMY LANGER AND JOHN FOLKESTAD NOW WORK STANDING JOHN SOT -"I HAVE ADD AND STANDING AND MOVING AT WORK MAKES ME FOCUS AND FEEL ENERGETIC." AND GUESS WHAT NEARLY EVERYONE HERE HAS LOST WEIGHT. AMY IS DOWN NEARLY TWELVE POUNDS I DID ALL THIS BY COMING TO WORK. NEVER JOINED A GYM." ANY SITUATION CAN BECOME ACTIVE SAYS DR. LEVINEEVEN AN INTERVIEW. "IS THIS THE, IS THIS THE FUTURE?" DR. JIM LEVINE SOT: "I THINK IT OBVIOUSLY IS. IF WE CAN CREATE A WORLD WHERE OFFICES ARE DOING BETTER AND THE EMPLOYEES ARE BECOMING HEALTHIER, WE'VE GOT A GOLDEN SOLUTION."

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OCTOBER 23, 2010

LENGTH-00:27      ISSUE-HEALTH    5      SHOW TIME-SUNRISE

OCTOBER IS BREAST CANCER AWARENESS MONTH... DOCTORS SAY THE BEST DEFENSE AGAINST BREAST CANCER ... IS EARLY DETECTION. AND THE BEST WAY TO DETECT A CANCER IN IT'S EARLY STAGE .... IS THROUGH REGULAR SCHEDULED MAMMOGRAMS. WOMEN WHO HAVE THEIR BREAST CANCER DETECTED EARLY .... HAVE THE MOST TREATMENT OPTIONS ...AND A BETTER QUALITY OF LIFE. IT'S RECOMMENDED THAT ALL WOMEN 40 AND UP HAVE ANNUAL MAMMOGRAMS. BUT ALL WOMEN SHOULD DO A SELF-BREAST EXAM EVERY THREE MONTHS. "FOR REGULAR CHECKUPS WITH YOUR HEALTH PROFESSIONAL WE RECOMMEND THAT AT BEGINNING AT AGE 20 WOMEN SHOULD HAVE THEIR BREASTS EXAMINED EVERY THREE YEARS AND ANNUALLY BEGINNING AT AGE HUNDREDS OF THOUSANDS OF WOMEN ARE DIAGNOSED WITH BREAST CANCER EVERY YEAR.

LENGTH-00:48      ISSUE-DRUGS    11      SHOW TIME-LATE

POLICE SAY IT WAS NOT SCIENCE EXPERIMENTS GOING ON IN A GEORGETOWN UNIVERSITY DORM ROOM. THEY ARRESTED TWO STUDENTS AND A VISITOR IN CONNECTION WITH WHAT THEY BELIEVE IS A DRUG LAB ON THE PRESTIGIOUS CAMPUS. THE THREE MEN FACE CHARGES OF POSSESSION OF DRUG PARAPHERNALIA. POLICE SAY IT STARTED EARLY THIS MORNING WHEN SOMEONE CALLED COMPLAINING ABOUT A FOUL ODOR AT THE HARBIN HALL DORM. THEY FIRST THOUGHT THE LAB WAS FOR MAKING METH. LATER, THEY SAID IT WAS FOR MAKING A HALLUCINOGENIC DRUG KNOWN AS "D-M-T," WHICH IS ALSO ILLEGAL. STUDENTS AT THE RENOWNED UNIVERSITY ARE SURPRISED."IT'S SOMETHING I'D NEVER EXPECT OUT OF A GEORGETOWN STUDENT. I'VE NEVER REALLY KNOWN OF ANY HARD DRUG PROBLEMS ON THIS CAMPUS. IT'S SORT OF A SHOCK. I WOKE UP THIS MORNING, HEARD

ABOUT IT, AND I WAS COMPLETELY SHOCKED." NO INJURIES WERE REPORTED. THE D-E-A IS ASSISTING WITH THE INVESTIGATION.

OCTOBER 24, 2010

NOTHING

OCTOBER 25, 2010

LENGTH-00:44      ISSUE-HEALTH   5      SHOW TIME-SUNRISE

HAVING SURGERY IS NEVER A HAPPY OCCASION. BUT A STUDY IN THE ARCHIVES OF SURGERY FINDS THAT -- IF YOU ARE ALREADY DEPRESSED BEFORE THE PROCEDURE-- YOU MAY BE AT AN INCREASED RISK OF DYING AFTERWARD. OVER 35-THOUSAND PATIENTS OF THE VETERANS' HEALTH ADMINISTRATION ADMITTED TO SURGICAL INTENSIVE CARE UNITS WERE STUDIED. UNDERLYING PSYCHIATRIC ILLNESS WAS ASSOCIATED WITH INCREASED RISK OF MORTALITY FOR THIRTY DAYS AFTER SURGERY. THIS WAS TRUE ESPECIALLY FOR THOSE WITH DEPRESSION AND ANXIETY. THOSE WITH BI-POLAR DISEASE, SCHIZOPHRENIA, AND POST-TRAUMATIC STRESS DISORDER SHOWED NO HIGHER RISK. SURPRISINGLY, OVER TWENTY FIVE PER CENT OF THE SURGICAL I-C-U PATIENTS HAD PRE-EXISTING PSYCHIATRIC CONDITIONS--A FIGURE THAT MAY DIFFER GREATLY BETWEEN THE VETERANS IN THE STUDY AND THE GENERAL POPULATION. THE AUTHORS SAY SURGEONS SHOULD KEEP A CLOSER WATCH ON THEIR DEPRESSED PATIENTS.

LENGTH-00:27      ISSUE-CRIME   1      SHOW TIME-SUNRISE

TWO MORE MEMBERS OF A NOTORIOUS SARASOTA STREET GANG ARE NOW BEHIND BARS ... CHARGED WITH RACKETEERING. SARASOTA POLICE HAVE ARRESTED LEE CLARIDY AND BRYSON KEARNEY. IT'S PART OF AN ONGOING OPERATION TARGETING THE SECOND LINE GANG. IN TOTAL -- EIGHT GANG MEMBERS HAVE BEEN ARRESTED .... AND CHARGED UNDER FLORIDA'S RACKETEERING OR RICO LAWS. SARASOTA DETECTIVES SAY MORE ARRESTS ARE EXPECTED AS THE INVESTIGATION CONTINUES.

LENGTH-00:32      ISSUE-CRIME   1      SHOW TIME-12:00

A WOMAN WHOSE UNCONTROLLABLE HICCUPS... BROUGHT HER WORLDWIDE ATTENTION ...

IS CHARGED WITH KILLING A 22-YEAR-OLD MAN ... DURING A ROBBERY. 19-YEAR-OLD JENNIFER MEE ... AND TWO MEN .... ARE CHARGED WITH FIRST-DEGREE MURDER ... IN THE DEATH OF A ST. PETERSBURG MAN. AUTHORITIES SAY MEE LURED THE MAN INTO A HOME... WHERE THE OTHERS ROBBED HIM AT GUNPOINT... THEN SHOT HIM SEVERAL TIMES. MEE WAS BEING HELD WITHOUT BOND THIS MORNING. . HER HICCUPS - UP TO 50 TIMES A MINUTE FOR MONTHS - GAINED NOTORIETY IN 2007.

LENGTH-01:16      ISSUE-HEALTH    5      SHOW TIME-12:00

BEFORE YOU PUT ON THAT EYE-CATCHING COSTUME THIS HALLOWEEN.... MAKE SURE YOU DON'T LOSE "SIGHT" ...OF SAFETY THE GROUP, "PREVENT BLINDNESS AMERICA" ... IS REMINDING EVERYONE TO TAKE A FEW PRECAUTIONS ... WHEN IT COMES TO YOUR EYES. IF YOU'RE USING FAKE EYELASHES ..... STICK TO THE MANUFACTURER'S INSTRUCTIONS ON THE PACKAGE. AND EVEN THOUGH THEY MAY LOOK COOL....NEVER USE NON- PRESCRIPTION CONTACT LENSES. EXPERTS SAY MASKS AND PATCHES.... EVEN WIGS AND HATS.... CAN MAKE IT HARD TO SEE ON HALLOWEEN NIGHT. OPHTHALMOLOGISTS SUGGEST PARENTS TRY ON THEIR CHILD'S MASK ON ...TO MAKE SURE THEIR VISION WON'T BE IMPAIRED ON HALLOWEEN NIGHT."MANY OF THE MASKS, THE STRAIGHT AHEAD VISION IS STILL GOOD, BUT BUT THE SIDE VISION IS NOT GOOD, THE PERIPHERAL VISION. SO, APPROACHING A STREET AND NOT REALLY BEING ABLE TO SEE TRAFFIC, ALSO THERE COULD BE FALLS." SOME MAKE-UP ALSO SHOULD BE KEPT AWAY FROM YOUR EYES. "PREVENT BLINDNESS AMERICA" .... SUGGESTS USING HYPO-ALLERGENIC OR NON-TOXIC PRODUCTS. YOU SHOULD ALSO AVOID PROPS WITH SHARP EDGES ... OR POINTED ENDS .... LIKE PITCHFORKS, SPEARS, OR KNIVES. EVEN THOUGH THEY'RE MADE OF PLASTIC, .... THEY CAN CAUSE SERIOUS INJURY IF SOMEONE POKES YOU IN THE EYE.

OCTOBER 26, 2010

LENGTH-01:06      ISSUE-HEALTH    5      SHOW TIME-SUNRISE

ACCORDING TO THE CDC, ABOUT 300 THOUSAND SPORTS-RELATED TRAUMATIC BRAIN INJURIES .... OCCUR EACH YEAR, AND MOST ARE CONCUSSIONS. DETECTING AND DIAGNOSING CONCUSSIONS .... IS STILL AN INEXACT SCIENCE. BUT RESEARCHERS AT CLEVELAND CLINIC .... ARE EXPERIMENTING WITH AN 'INTELLIGENT' MOUTH GUARD .... DESIGNED TO MEASURE HOW HARD AN ATHLETE IS HIT ...AND THE POTENTIAL BRAIN DAMAGE. "WE SHOULD BE ABLE TO CALCULATE BY SIMPLY KNOWING HOW FAST THE HEAD MOVES BACK AND FORTH WITH AN INJURY AND THE AMOUNT OF ENERGY THAT WAS IMPARTED TO THE BRAIN." THE DEVICE USES MINI WIRELESS SENSORS ....LIKE YOU'D FIND IN A SMART PHONE. THE SENSORS ARE PLACED WITHIN A STANDARD MOUTH GUARD. WHEN A PLAYER IS HIT ...AND CLENCHES HIS OR HER JAW ... THE SENSORS TRANSMIT THE VELOCITY AND ACCELERATION OF IMPACT. THEN, THE AMOUNT OF ENERGY .... REACHING

THE CENTER OF THE BRAIN .... CAN BE DETERMINED. AND THE AMOUNT OF DAMAGE DETECTED. THE MOUTH GUARD MAY HELP INDIVIDUALIZE CONCUSSION DIAGNOSIS .... SO THAT SOME PLAYERS WITH MINOR INJURY .... ARE ABLE TO RETURN TO THE GAME QUICKER. AND THOSE WITH SEVERE INJURY ... KNOW TO STAY OUT LONGER.

LENGTH-00:31      ISSUE-CRIME   1      SHOW TIME-SUNRISE

A TAMPA WOMAN .... WHOSE UNCONTROLLABLE HICCUPS BROUGHT HER WORLDWIDE ATTENTION .... IS NOW CHARGED IN THE KILLING OF A 22-YEAR-OLD MAN DURING A ROBBERY. 19 YEAR OLD JENNIFER MEE AND TWO OTHERS .... ARE CHARGED WITH FIRST-DEGREE MURDER .... IN THE DEATH OF SHANNON GRIFFIN. ST. PETERSBURG POLICE OFFICIALS SAY MEE LURED GRIFFIN TO A HOME .... WHERE OTHERS ROBBED HIM AT GUNPOINT... THEN SHOT HIM SEVERAL TIMES. MEE AND THE OTHERS ADMITTED THEIR INVOLVEMENT. SHE IS NOW BEING HELD WITHOUT BOND.

LENGTH-00:41      ISSUE-HEALTH   5      SHOW TIME-SUNRISE

PROBIOTICS, ARE "FRIENDLY" BACTERIA BECAUSE THEY'RE SIMILAR TO THOSE IN THE HUMAN DIGESTIVE SYSTEM. THOSE FRIENDLY BUGS HELP KEEP UNFRIENDLY BUGS AWAY. AND NOW PROBIOTICS ARE POPPING UP ON GROCERY STORE SHELVES. BUT DO PROBIOTICS REALLY WORK?WHILE MORE RESEARCH IS NEEDED, NEW EVIDENCE IS MOUNTING THAT PROBIOTICS MAY HELP TREAT CERTAIN DIGESTIVE CONDITIONS, LIKE DIARRHEA IN YOUNG CHILDREN, AS WELL AS SOME GYNECOLOGICAL ISSUES. OTHER RESEARCH SUGGESTS THEY MAY HELP THE SOME PARTS OF THE IMMUNE SYSTEM. PROBIOTICS ARE GENERALLY CONSIDERED SAFE, SINCE THEY'RE ALREADY PRESENT IN A NORMAL GUT. AND IT'S EASY TO ADD THEM TO YOUR DIET. PROBIOTICS ARE FOUND IN DIETARY SUPPLEMENTS, AS WELL AS YOGURTS, JUICES, CEREALS, EVEN COOKIES! BUT TO REAP THE BENEFITS--READ NUTRITION LABELS CAREFULLY. BUT NOT ALL STRAINS HAVE BEEN STUDIED. SO TALK TO YOUR DOCTOR ABOUT WHAT'S RIGHT FOR YOU.

LENGTH-00:16      ISSUE-HEALTH   5      SHOW TIME-5:00

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LENGTH-00:54      ISSUE-CRIME 1      SHOW TIME-SUNRISE

A BODY THAT WAS FOUND TUESDAY MORNING .... DURING A SEARCH IN A WOODED AREA IS BELIEVED TO BE A MISSING 81-YEAR-OLD WOMAN. JANET PATRICK WAS LAST SEEN AT A PUBLIX IN LEESBURG LAST WEEK .... BY CONVICTED FELON DONALD WILLIAMS. HE SAYS THE WOMAN WAS GIVING HIM A LIFT HOME .... WHEN A MAN CARJACKED AND BEAT THEM.... KILLING PATRICK IN THE PROCESS. INTERVIEWS WITH WILLIAMS .... LED INVESTIGATORS TO THE WOODS NEAR CYPRESS PARKWAY ON THE POLK-OSCEOLA COUNTY LINE...WE DON'T WANT TO RELEASE DETAILS THAT ONLY THE SUSPECT WOULD KNOW... I CAN TELL YOU THE BODY WAS DISCOVERED BY TWO POLK CO DEPUTIES ON ATVS AND IT WAS IN A VERY HEAVILY WOODED THICK AREA. INVESTIGATORS ARE WAITING FOR THE MEDICAL EXAMINER'S DETERMINATION .... IN ORDER TO CONFIRM THE BODY'S IDENTITY. DEPUTIES ARE CALLING IT A HOMICIDE INVESTIGATION .AND WILLIAMS IS THE KEY SUSPECT IN THE CASE.

LENGTH-00:44      ISSUE-HEALTH 5      SHOW TIME-12:00

APPROXIMATELY 41 PERCENT OF ALL AMERICANS WILL BE DIAGNOSED WITH CANCER DURING THEIR LIFETIME. ABOUT 21 PERCENT WILL DIE AS A RESULT. AND A PRESIDENTIAL PANEL STUDYING CANCER SAYS OFFICIALS HAVE "GROSSLY UNDERESTIMATED" THE LIKELIHOOD THAT THINGS IN OUR ENVIRONMENT CAUSE A LARGE PERCENTAGE OF CANCER CASES. THE ENVIRONMENTAL WORKING GROUP SAYS CONSUMERS SHOULDN'T WAIT FOR THE GOVERNMENT TO ACT AND SUGGEST WAYS WE CAN ALL REDUCE OUR EXPOSURE TO COMMON CANCER-CAUSING AGENTS: FILTER YOUR TAP WATER. SEAL OUTDOOR WOODEN DECKS AND PLAY SETS. MANY HAVE BEEN TREATED WITH CHEMICALS THAT PREVENT WOOD DETERIORATION BUT ARE KNOWN CARCINOGENS. CUT DOWN ON STAIN -PROOFING CHEMICALS, KNOWN AS FLUORO-CHEMICALS. THEY ARE FOUND IN STAIN REPELLANTS ON CARPETS AND COUCHES. STAY SAFE IN THE SUN. SEEK SHADE AND SUNSCREEN. DON'T BUY COSMETICS WITH "PEG" OR "ETH" IN THEIR NAME. FINALLY, READ LABELS: PRODUCTS WILL INCREASINGLY BEGIN TO HAVE "CANCER-CAUSING" LABELS.

LENGTH-00:18      ISSUE-CRIME 1      SHOW TIME-5:00

SARASOTA COUNTY SHERIFF'S DEPUTIES ARREST A MAN FOR FONDLING A 14 YEAR OLD GIRL..60 YEAR OLD KENNETH PAUL CANTON CHARGED WITH TWO COUNTS OF MOLESTATION.. THE VICTIM TOLD INVESTIGATORS SHE HAD BEEN TOUCHED INAPPROPRIATELY BY CANTON.. AT LEAST FIVE DIFFERENT TIMES.. OVER THE PAST YEAR.. CANTON IS OUT OF JAIL ON 20-THOUSAND DOLLARS BOND..

LENGTH-00:33      ISSUE-CRIME   1   SHOW TIME-11:00

AN ATTEMPTED KIDNAPPING IN VENICE HAS SARASTOA SHERIFF'S DEPUTIES ON HIGH ALERT TONIGHT...IT HAPPENED JUST BEFORE 8 -- IN THE YMCA PARKING LOT ON CENTER ROAD. DEPUTIES SAY THE SUSPECT GRABBED THE VICTIM FROM BEHIND AND TOLD HER QUOTE "YOU'RE COMING WITH ME." THE VICTIM BEGAN SCREAMING -- WHICH CAUSED THE SUSPECT TO RUN OFF... K-9 UNITS AND A SHERIFF'S DEPARTMENT HELICOPTER TURNED UP NOTHING.. THE SUSPECT IS DESCRIBED AS A WHITE MALE IN HIS EARLY 30'S. HE WAS WEARING BLACK PANTS AND A BLACK HOODED SWEATSHIRT WITH THE LETTERS "DC" OR "DW" ON THE FRONT.

OCTOBER 28, 2010

LENGTH-00:36      ISSUE-EDUCATION   10   SHOW TIME-SUNRISE

COLLEGE TUITION COSTS ARE RISING AGAIN.... FORCING STUDENTS AND THEIR FAMILIES .... TO LEAN ON THE FEDERAL GOVERNMENT ...T O MAKE IT AFFORDABLE. THE COLLEGE BOARD SAYS AVERAGE IN-STATE TUITION AND FEES THIS FALL ... ROSE NEARLY 8 PERCENT ... AT PUBLIC FOUR-YEAR SCHOOLS .... TO ABOUT SEVEN THOUSAND SIX HUNDRED DOLLARS. AT PRIVATE, NONPROFIT COLLEGES ... THE INCREASE WAS 4 AND A HALF PERCENT .... TO MORE THAN \$27 THOUSAND. MASSIVE GOVERNMENT SUBSIDIES .... AND AID FROM SCHOOLS HELPED KEEP IN CHECK THE ACTUAL PRICE MANY STUDENTS PAY.

LENGTH-00:34      ISSUE-CRIME   1   SHOW TIME-12:00

SARASOTA POLICE INVESTIGATING AN ATTEMPTED ARSON POLICE SAY SOMEONE CALLED THIS MORNING ... TO REPORT THAT A MAN WAS POURING GASOLINE ON A HOUSE .... IN THE 13 HUNDRED BLOCK OF 21ST STREET.THEY SAY THEY ARRIVED TO FIND BURNED RAGS AND GASOLINE. BUT NO DAMAGE TO THE HOUSE ,,,, AND NO INJURIES. WITNESSES IDENTIFIED 32-YEAR-OLD TERRANCE BRYANT AS THE SUSPECT .... AND POLICE ARRESTED HIM ON A

CHARGE OF ARSON. THEY SAY THAT BRYANT ADMITS BEING AT THE HOUSE. BUT HE HASN'T CONFESSED TO THE CRIME.

LENGTH-00:25      ISSUE-CRIME   1      SHOW TIME-12:00

MANATEE COUNTY DEPUTIES THIS AFTERNOON .... INVESTIGATING A HOME INVASION AT THE SANCTUARY CONDOS .... ON 26TH STREET WEST. ACCORDING TO REPORTS, TWO MEN ENTERED ONE OF THE RESIDENCES AROUND 2:30 THIS MORNING, ONE MAN HELD A WOMAN AT GUNPOINT ... WHILE THE OTHER STOLE A 42 INCH TELEVISION SET FROM THE HOME.

LENGTH-00:38      ISSUE-HEALTH   5      SHOW TIME-12:00

NEW STUDY FINDS THAT OVER THE LONG-TERM A LOW-CARB DIET WORKS JUST AS WELL AS A LOW-FAT DIET AT TAKING OFF THE POUNDS-AND IT MIGHT EVEN BE GOOD FOR YOUR HEART. 1 RESEARCHERS FOLLOWED 307 ADULTS FOR TWO YEARS. PARTICIPANTS WERE OBESE BUT DIDN'T HAVE CHOLESTEROL PROBLEMS OR DIABETES. HALF FOLLOWED A LOW-CARB DIET LIKE THE ATKINS' PLAN AND HALF WENT ON A LOW-FAT DIET. ALL ATTENDED SESSIONS TO IMPROVE EATING AND FITNESS HABITS, 2 AFTER TWO YEARS, BOTH DIETS WORKED EQUALLY WELL TAKING OFF WEIGHT-BOTH GROUPS LOST ABOUT 15 POUNDS. BUT THE LOW-CARB DIETERS SHOWED BETTER IMPROVEMENT IN THEIR GOOD CHOLESTEROL-A 23 PERCENT BOOST. STILL, GOOD CARBOHYDRATES ARE IMPORTANT FOR A HEALTHY DIET ESPECIALLY THOSE THAT ARE HIGH IN SOLUBLE FIBER FOR AN ADDITIONAL HEART-HEALTH BOOST. 3 STILL, WHAT MATTERS MOST IS CALORIES IN VERSUS CALORIES OUT.

LENGTH-01:10      ISSUE-HEALTH   5      SHOW TIME-5:00

I'LL RACE YA." PEOPLE BEING WHEELED TOWARD WATER MAYBE NOT BY THEMSELVES. BUT FOR PEOPLE IN WHEELCHAIRS, THIS MEANS MOBILITY ON THE BEACH.THE MOBI-CHAIR, AS IT'S CALLED, HAS WHEELS THAT WON'T SINK INTO THE SAND. AND ARMRESTS THAT WON'T SINK INTO THE SEA.YOU CAN HEAR THEM LAUGHING. THIS GAL OVER HERE CAN'T STOP LAUGHING.THIS GAL IS BRITTNEY BECKER.TALKING IS DIFFICULT. WALKING IMPOSSIBLE. BRITTNEY SQUEALS IN APPARENT DELIGHTAND HAS ANYTHING SO SIMPLE EVER LOOKED SO ENJOYABLE? ANN OLSON: OH, THIS IS A GREAT OPPORTUNITY.ANN OLSON HAS MULTIPLE SCLEROSIS. THANKS TO THESE CHAIRS, SHE ENJOYS A DIP IN THE WATER WITH HER HUSBAND FOR THE FIRST TIME IN 14 YEARS.ANN OLSON: IT WAS SO MUCH FUN JUST TO BE FLOATING IN THE GULF AND TO BE OUT ON THE BEACH DURING THE WARM PART OF THE DAY.JEFF OLSON: FABULOUS. IT'S OPENED SO MANY DOORS FOR PEOPLE WHO'VE HAD THEIR RECREATIONAL OPPORTUNITIES LIMITED BY THEIR DISABILITIES THESE CHAIRS DON'T MEAN INDEPENDENCE. YOU ALWAYS NEED SOMEONE WITH YOU. AND EVEN THEN IT'S NOT ALWAYS EASY! AND YOU CAN ONLY USE THEM WHEN LIFEGUARDS ARE ON DUTY.: WE WILL ALWAYS

BE WATCHING. THEY'RE VERY EASY TO SEE WITH THE ORANGE ARMRESTS. SO THE BEACH PATROL SAYS THEY'RE SAFE. AND THEY HAVE BELTS FOR LOWER AND UPPER BODY FOR PEOPLE WHO NEED THEM. FIVE SARASOTA COUNTY BEACHES WILL HAVE THEM AVAILABLE AT NO CHARGE.FOR A PRICELESS DAY BY THE SUNCOAST SEA THAT FOR BRITTNEY BECKER SEEMS TO END ALL TOO SOON.

LENGTH-00:21      ISSUE-CRIME 1      SHOW TIME-11:00

MEANWHILE -- MANATEE COUNTY SHERIFF'S DEPUTIES ARE INVESTIGATING \*ANOTHER\* SHOOTING...THIS ONE TOOK PLACE LATE LAST NIGHT ON 12TH STREET EAST. NEIGHBORS TELL DEPUTIES SOMEONE FIRED SEVERAL SHOTS INTO A HOME THERE. THE BULLETS ALSO HIT A SECOND HOUSE. FORTUNATELY NO ONE WAS HURT...

OCTOBER 29, 2010

LENGTH-00:16      ISSUE-CRIME 1      SHOW TIME-12:00

POLITICS IS GETTING UGLY IN VENICE AS WELL. A HANDFUL OF CAMPAIGN SIGNS AROUND TOWN .... WERE VANDALIZED THIS WEEK. MORE THAN A DOZENS SIGNS WERE SPOTTED YESTERDAY ....IN AT LEAST EIGHT DIFFERENT LOCATIONS. THE VANDALS USED SPRAY PAINT TO "X"-OUT CANDIDATE NAMES.

LENGTH-00:25      ISSUE-CRIME 1      SHOW TIME-6:00

A SARASOTA MAN IS ARRESTED -- FOR HIS PART IN WHAT AUTHORITIES ARE CALLING A DRUG TRAFFICKING OPERATION. SARASOTA POLICE TOOK 31-YEAR-OLD WILLIAM SELLERS INTO CUSTODY TODAY FOR FELONY CONSPIRACY TO TRAFFIC OXYCODONE. IT'S PART OF AN ONGOING INVESTIGATION BY THE OSCEOLA COUNTY SHERIFF'S OFFICE. DEPUTIES THERE ARRESTED A DOCTOR YESTERDAY ON SIMILAR CHARGES. SELLERS IS BEING HELD AT THE SARASOTA COUNTY JAIL... A THIRD SUSPECT IN SARASOTA IS BEING SOUGHT.

OCTOBER 30, 2010

LENGTH-00:34

ISSUE-HEALTH 5 SHOW TIME-EARLY

YOU MAY WANT TO TAKE A CLOSE LOOK INSIDE YOUR MEDICINE CABINET. A POPULAR MEDICINE IS BEING YANKED OFF SHELVES FOR HEALTH-RELATED CONCERNS. PFIZER IS RECALLING ROUGHLY 40-THOUSAND BOTTLES OF LIPITOR. OFFICIALS WITH THE COMPANY SAY THIS ACTION IS BEING TAKEN AFTER RECEIVING REPORTS OF AN UNUSUAL ODOR FROM THE BOTTLES. THE RECALL AFFECTS 40 MG TABLETS THAT WERE SOLD IN THE U.S. CONSUMERS WITH QUESTIONS ARE ADVISED TO CONTACT THEIR PHARMACIST. THE SAME CONCERN RESULTED IN TWO RECALLS OF LIPITOR EARLIER THIS YEAR. THE COMPANY SAYS DESPITE THIS MATTER, THERE WILL NOT BE A SHORTAGE OF THE CHOLESTEROL MEDICATION.

OCTOBER 31, 2010

NOTHING